

# Owner of a Lonely Heart

**COPPER** KNOB  
STEPSHEETS

拍数: 68                      墙数: 2                      级数: Phrased High Beginner  
编舞者: Stephanie Lim (MY) - September 2016  
音乐: Owner of a Lonely Heart - Yes



Intro: 48 Counts From the Beginning Of Music. Approx. 24 Sec into music. Dance Start On RF.  
SOD: AAB AAB A a(16C) Tag(16C) AA (Ending) (16C)

## Part A: 32 Counts

### A1(1-8) MAMBO TOUCH, (MAMBO STEP) x 2

1&2                      Rock RF Forward(1), Recover On LF(&), Touch R Toe Beside LF(2) (12:00)  
3 4 5                      Rock RF To R(3), Recover On LF(4), Step RF Beside LF(5) (12:00)  
6 7 8                      Rock LF To L(6), Recover On RF(7), Step LF Beside RF(8) (12:00)

### A2 (9-16) MONTEREY ¼ R TURN, OUT OUT, IN CROSS UNWIND ½ R TURN

1 2                      Touch R Toe To R(1), ¼ R Turn Step RF Beside LF(2) (3:00)  
3 4                      Touch L Toe To L(3), Step LF Beside RF(4) (3:00)  
5 6&                      Step RF To Diagonal R(5), Step LF To Diagonal L(6), Step RF To Middle Back(&)(3:00)  
7 8                      Cross LF Over RF(7), Unwind ½ R Turn [Weight On LF] (8) (9:00)

### A3(17-24) SHAKE TO THE R, COASTER STEP, REVERSE COASTER STEP

1 2                      Step RF To R (Shake your shoulder as well)(1), Lift Up Your L Toe(2) (9:00)  
3 4 5                      Step LF Back(3), Step RF Beside LF(4), Step LF Forward(5) (9:00)  
6 7 8                      Step RF Forward(6), Step LF Beside RF(7), Step RF Back(8) (9:00)

### A4(25-32) REVERSE ROCKING CHAIR, ¼ L TURN STEP TOUCH, HIP BUMP

1 2                      Rock LF Back(1), Recover On RF(2) (9:00)  
3 4                      Rock LF Forward(3), Recover On RF(4) (9:00)  
5 6                      ¼ L Turn Step LF To L With Body Roll(5), Touch R Toe Beside LF(6) (6:00)  
7&8                      Hip Bump Twice (7&8) [Weight Remain On LF] (6:00)

## Part B: 36 Counts

### B1(1-8) (SKATE)X3, DRAG, BIG STEP, DRAG, CHEST BUMP

1 2                      Skate RF To Diagonal R(1), Skate LF To Diagonal L(2) (12:00)  
3 4                      Skate RF To Diagonal R(3), Drag LF Towards RF(4) (12:00)  
5 6                      Big Step LF To L(5), Drag RF Towards LF(6) (12:00)  
7&8                      Chest Bump Twice (7&8) 12:00

### B2(9-16) ¼ R TURN ROLLING VINE, BIG STEP, DRAG, CHEST BUMP

1 2                      ¼ R Turn Step RF To R(1) (3:00), ½ R Turn Step LF To L(2) (9:00)  
3 4                      ½ R Turn Step RF To R(3) (3:00), Touch L Toe Beside RF(4) (3:00)  
5 6                      Big Step LF To L(5), Drag RF Towards LF(6) (3:00)  
7&8                      Chest Bump Twice (7&8) 3:00

### B3(17-24) ¼ R TURN (SKATE)X3, DRAG, BIG STEP, DRAG, CHEST BUMP

1 2                      ¼ R Turn Skate RF To Diagonal R(1), Skate LF To Diagonal L(2) (6:00)  
3 4                      Skate RF To Diagonal R(3), Drag LF Towards RF(4) (6:00)  
5 6                      Big Step LF To L(5), Drag RF Towards LF(6) (6:00)  
7&8                      Chest Bump Twice (7&8) 6:00

### B4(25-32) ¼ R TURN ROLLING VINE, ROCK RECOVER, BACK TOUCH

1 2                      ¼ R Turn Step RF To R(1) (9:00), ½ R Turn Step LF To L(2) (3:00)  
3 4                      ½ R Turn Step RF To R(3) (9:00), Touch L Toe Beside RF(4) (9:00)

5 6 Rock LF Forward(5), Recover On RF(6) (9:00)  
7 8 Step LF Back(7), Touch R Toe Beside LF(8) (9:00)

**B5(33-36) ROCKING CHAIR ¼ R TURN**

1 2 Rock RF Forward(1), Recover On LF(2) (9:00)  
3 4 ¼ R Turn Rock RF BACK(3), Recover On LF(4) (12:00)

**Tag: 16 Counts (Facing 3:00)**

**T1(1-8) ( ¼ R TURN STEP HOLD) x2**

1 2 3 4 ¼ R Turn Step RF To R(1), Hold (2 3 4) (6:00)  
5 6 7 8 ¼ R Turn Step LF Back(5), Hold (6 7 8) (9:00)

**T2(9-16) ¼ R TURN STEP HOLD, (STOMP) x 3, TOUCH**

1 2 3 4 ¼ R Turn Step RF To R(1), Hold (2 3 4) (12:00)  
5 6 7 8 Stomp In Place (L R L ) (5 6 7), Touch R Toe Beside LF (8) (12:00)

**Ending: 16 Counts (Facing 12:00)**

**E1(1-8) ½ R TURN STEP HOLD, ¼ R TURN STEP HOLD**

1 2 3 4 ½ R Turn Step RF To R(1), Hold (2 3 4) (6:00)  
5 6 7 8 ¼ R Turn Step LF Back(5), Hold (6 7 8) (9:00)

**E2(9-16) ( ¼ R TURN STEP HOLD), (SWAY) x 4**

1 2 3 4 ¼ R Turn Step RF To R(1), Hold (2 3 4) (12:00)  
5 6 7 8 Sway In Place (L R L R) (5 6 7 8) (12:00)

**Strike An Ending Pose!!!**

**Enjoy!!! Happy Dancing. No Dancing ~~~ No Life~~~**

**Contact: [StephanieLimNDNL@gmail.com](mailto:StephanieLimNDNL@gmail.com) / 2nd September 2016 Friday**

---