

Can't Stop Me Now

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mamalinedance Mei Kwo (USA) - September 2016
音乐: Can't Stop Me Now - Rod Stewart



#32 Count Intro, Start on Vocal

FORWARD ROCK RIGHT COASTER STEP, FORWARD ROCK LEFT COASTER STEP

1-2 Rock right forward, recover onto left
3&4 Coaster step on RLR
5-6 Rock left forward, recover onto right
7&8 Coaster step on LRL

FORWARD ROCK RIGHT, PIVOT TRIPLE 1/2 TURN RIGHT, FORWARD CHA CHA FORWARD ROCK LEFT, PIVOT TRIPLE 1/2 TURN LEFT, FORWARD CHA CHA

1-2 Rock right forward, recover onto left
3&4 Triple 1/2 turn right on RLR
5-6 Rock left forward, recover onto right
7&8 Triple 1/2 turn left on LRL

WEAVE LEFT POINT, LEFT BEHIDE 1/4 TURN POINT (3.00)

1-2 Cross right over left, step left on left
3-4 Cross right behind left, touch left beside left
5-6 Cross left behind right, step right foot to right side,
7-8 Stepping left crossed in front of right, 1/4 turn right, touch right beside left(3.00)

CROSS, POINT, CROSS, POINT, WALK AROUND FULL TURN IN 4 WALKS (RLRL) (3:00)

1-2 Cross right over left, touch left to left
3-4 Cross left over right, touch right to right
5 ¼ turn left, Right step forward, (12.00)
6 ¼ turn left, Left step forward, (9.00)
7 ¼ turn left, step right forward, (6.00)
8 ¼ turn left, step left forward, (3.00)

*** TAG: WALL 3 (6.00) ROCKING CHAIR, 4 COUNTS

1-2 Rock forward on right, recover on left
3-4 Rock back on right, recover on left

*** RESTART: WALL 4 (9:00), AFTER 16 COUNTS

1-8 Forward rock right, coaster step, forward rock left, coaster step
1-8 Forward rock right, pivot triple 1/2 turn right, RF forward cha cha cha, Forward rock left, pivot triple 1/2 turn left, LF forward cha cha cha

*** TAG: WALL 6 (3:00) ROCKING CHAIR, 4 COUNTS

1-2 Rock forward on right, recover on left
3-4 Rock back on right, recover on left

*** TAG: WALL 10 (3:00), ROCKING CHAIR, 4 COUNTS X2

1-2 Rock forward on right, recover on left
3-4 Rock back on right, recover on left
5-6 Rock forward on right, recover on left
7-8 Rock back on right, recover on left

HAVE FUN! HAPPY DANCING ALWAYS!
