

My Dress - Your Floor

COPPER KNOB
BY STEPHEN HETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Double Trouble (CAN) - July 2016
音乐: T-Shirt - Thomas Rhett



Start Dance after 24 counts on vocals

[1-8] Skate Right, Skate Left, Right Shuffle, Skate Left, Skate Right, Left Shuffle.

- 1-2 Skate right foot forward to right diagonal, skate left foot forward to left diagonal.
- 3&4 Shuffle forward R, L, R to Right diagonal.
- 5-6 Skate left foot forward to left diagonal, skate right foot forward to right diagonal.
- 7 & 8 shuffle forward L, R, L to Left Diagonal.

[9-16] Rock Forward Right, Recover, ½ Shuffle over right Shoulder, Stomp Left, Stomp Right, Swivel in Heels, Toes, Heels.

- 1-2 Rock right foot forward, recover weight onto left.
- 3 & 4 Shuffle a ½ turn right over your right shoulder. (R, L, R.)
- 5 -6 Stomp Left foot to left side, Stomp right foot to Right side.
- 7 & 8 Swivel your feet together – Heels, Toes, Heels – taking weight onto left foot.

[17-24] Right side shuffle, ¼ left side shuffle, Syncopated Cross Rock Right, Cross Rock Left.

- 1 & 2 Side shuffle to the right. (R, L, R)
- 3 & 4 While making a ¼ turn to your left do a left side shuffle (LRL)
- 5 & 6 Rock your right foot across your left, quickly step onto left, step onto right foot.
- 7 & 8 Rock your left foot across your right, quickly step onto right, step onto left foot.

[25-32] Step Right Forward ½ Turn pivot to left shoulder, Shuffle forward Right, Rock Left foot forward, left coaster step.

- 1-2 Step right foot forward, step a ½ turn pivot over left shoulder taking weight onto left.
- 3&4 Shuffle forward (R, L, R).
- 5- 6 Rock left foot forward, recover weight onto right.
- 7& 8 Step back onto left foot, quickly step together right, step forward left.

Restart here during your 3rd rotation.

[33-40] Step Right to right side, hold, ball step touch, Step left to left side, hold, ball step touch.

- 1- 2 Step your right foot to right side, hold.
- &3-4 Quickly step left foot next to right, step right to right side, touch left foot beside right.
- 5-6 Step your left foot to left side, hold.
- &7-8 Quickly step right foot next to left, step left foot to left side, touch right foot beside left.

[41-48] Right Heel, Left Heel and Touch Toe Twist Twist, Right Heel, Left Heel and right Kick ball Change

- 1&2 Touch right heel forward, quickly step onto right and touch left heel forward.
- &3&4 Quickly step on left foot, touch right toe forward and twist heels right, center taking Weight onto left.
- 5&6 Touch right heel forward, quickly step onto right and touch left heel forward.
- &7&8 Quickly step onto your left foot, kick your right foot forward, quickly step onto right, step onto left.

Begin Again

Double Trouble – Cathy and Kathy 647-244-6696 or 416-738-8798 (July 2016)

Last Update – 25th Sept 2016

