

# Hands Up For Love

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Dwight Meessen (NL) - September 2016  
音乐: Lou Bega – Hands Up For Love



Intro: 32 counts

## Section 1: R Side Rock, Recover, Behind-Side-Cross, L Side Rock, Recover, Behind-Side-Cross

1-2            Rock RF out to right side, recover weight on LF  
3&4           Cross RF behind LF, step LF to left side(&), cross RF over LF  
5-6            Rock LF out to left side, recover weight on RF  
7&8            Cross LF behind RF, step RF to right side(&), cross LF over RF

## Section 2: R Side Rock, Recover ¼ Left, Shuffle ½ Turn, Back, Back, Behind-Side-Cross

1-2            Rock RF out to right side, recover LF ¼ Left (9)  
3&4            Step RF ¼ left (6), step LF beside RF(&), step RF ¼ left back (3)  
5-6            Walk back L, R  
7&8            Cross LF behind RF, step RF to right side(&), cross LF over RF

\*Restart in wall 6

\*Restart in wall 9

## Section 3: R Side, Touch, Side, Together, Fwd, R Mambo Fwd, L Mambo Back

1-2            Step RF to right side, touch LF beside RF  
3&4            Step LF to left side, step RF beside LF(&), step LF forward  
5&6            Rock RF forward, recover weight on LF(&), step RF beside LF  
7&8            Rock LF back, recover weight on RF(&), step LF beside RF

## Section 4: Pivot ½ Turn Left, Cross Samba, Cross, Side, Behind-Side-Cross

1-2            Step RF forward, pivot ½ turn left (9)  
3&4            Cross RF over LF, rock LF out to left side(&), recover weight on RF  
5-6            Cross LF over RF, step RF to right side  
7&8            Cross LF behind RF, step RF to right side(&), cross LF over RF

Have Fun!

Mail: [dwightmeessen@hotmail.com](mailto:dwightmeessen@hotmail.com)