

Dancing In September

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Beginner
编舞者: Sonja Hemmes (USA) - September 2016
音乐: September - Earth, Wind & Fire : (Album: Greatest Hits)



Start on Lyrics

S1: STEP TOGETHER RIGHT, STEP KICK, STEP KICK, STEP KICK

- 1-4 Step right to right side, step left next to right, step right to right side, kick left foot diagonally forward
5-8 Step left to left side, kick right foot diagonally forward, step right to right side, kick left foot diagonally forward

S2: STEP TOGETHER LEFT, STEP KICK, STEP KICK, STEP KICK

- 1-4 Step left to left side, step right next to left, step left to left side, kick right □foot diagonally forward
5-8 Step right to right side, kick left foot diagonally forward, step left to left side, kick right foot diagonally,

S3: ROCK AND CROSS RIGHT, ROCK AND CROSS LEFT, WITH HOLDS

- 1-4 Step right to right side, step left next to right, step right in front of left, hold
5-8 Step left to left side, step right next to left, step left in front of right, hold

S4: RUMBA BOX FORWARD AND BACK WITH TRIPLE STEPS

- 1-2 Step right to right side, step left next to right
3&4 Step right forward, step left behind right, step right forward
5-6 Step left to left side, step right next to left
7&8 Step left back, step right back in front of left, step left back

S5: RIGHT AND LEFT LOCK STEPS BACK WITH SCUFFS

- 1-4 Step right back, step left back in front of right, step right back, scuff left forward
5-8 Step left back, step right back in front of left, step left back, scuff right forward

S6: COASTER BACK, HIP BUMPS FORWARD

- 1-4 Step right back, step left next to right, step right forward, step left forward
5-8 Step right forward and bump hip forward, bump hip back, forward, and back

S7: STEP TOUCHES WITH 1/4 TURN LEFT, THEN STEP TOUCHES

- 1-4 Step right to right, touch left next to right, step left to left , touch right next to left
5-8 Turn ¼ left, step right to right, touch left next to right, step left to left, touch right next to left

S8: NIGHT CLUBS WITH HOLDS

- 1-4 Step right to right side, hold, rock back on left, return weight on right
5-8 Step left to left side, hold, rock back on right, return weight on left
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