

Laying Back (P)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0 级数: Intermediate Partner
编舞者: Dan Albro (USA) - May 2016
音乐: Laid Back (feat. Big Boi, Maggie Rose & Mannie Fresh) - Dallas Davidson



Intro: 16 counts

Start: Closed Social Position, men facing OLOD, Ladies facing ILOD

Opposite footwork except where noted. Men's footwork described.

[1-8] □ □ SHUFFLE SIDE, CROSS ROCK, REPLACE, SHUFFLE SIDE, ¼ ROCK, REPLACE

1&2,3,4 Step side L, step R next to L, step side L, cross rock R over L, replace weight on L

5&6,7,8 Step side R, step L next to R, step side R, ¼ turn right rocking fwd L, replace weight back R

Hands: □ On count 5 release right hand from ladies back.

On count 7 bring hands through and fwd

[9-16] □ □ SHUFFLE ½ TURN, 2 LOCKING SHUFFLES FWD, SIDE, TOGETHER (LADIES TOUCH)

1&2 Turn ¼ left stepping side L, step R next to L, ¼ turn left stepping fwd L

3&4,5&6 Step fwd R, lock L behind R, step fwd R, step fwd L, lock R behind L, step fwd L

7,8 Man: □ Step side R, step L next to R

7,8 Lady: □ Step side L, touch R next to L

Hands: □ On count 1 bring hands through and pick up his right in her left.

On count 2 release his left and her right.

On count 7 man puts ladies left hand in his left hand .

On count 8 man and ladies right hands connect at ladies right hip.

[17-24] □ □ ROCK BACK, REPLACE, 2 STEPS(LADIES SHUFFLE SIDE), SHUFFLE BACK, ROCK ,STEP

1,2,3,4 Man: □ Rock back R (Laying Back), replace weight L, step R next to L, step L next R

1,2,3&4 Lady: □ Rock back R, replace weight on L, step side R, step L next to R, step side R

5&6,7,8 Step back R, step L next to R, step back R, rock back L, replace weight on R

Hands: □ □ On count 3 man puts ladies left hand in his right.

[25-32] □ □ ¼ TURN SHUFFLE SIDE, WALK, WALK, SHUFFLE SIDE, WALK, WALK

1&2,3,4 ¼ turn right stepping side L, step R next to L, step side L, step fwd R, step fwd L

5&6,7,8 Step side R, step L next to R, step side R, step back L, step back R

Hands: On count 1 pick up ladies right in mans left. On count 7 release her left hand.

On count 8 man put his right hand behind ladies back returning to closed social position.