

Find A Floor

拍数: 80 墙数: 4 级数: Phrased Advanced
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音乐: Don't It - Billy Currington



Intro: □ 16 counts (app. 12 seconds into track)

Phrasing: □ A B C A* B C C B C B C

On the second A you'll leave out 8 counts, see description below

A section – 32 counts

[1-8] □ Behind side, Rock step, Back sweep x2, Cross behind, Chasse ¼ L, Touch, Step turn ½ L □

- 1& Cross L behind R, step R to R side □ 12:00
- 2& Rock L fw, recover onto R sweeping L CCW □ 12:00
- 3-4 Step L back sweeping R CW, cross R behind L □ 12:00
- 5&6 Step L to L side, step R next to L, turn ¼ L stepping L fw □ 09:00
- &7-8 Touch R next to L, step R fw, turn ½ L stepping onto L □ 03:00

A[9-16] □ Step turn ½ L, Step lock step, Mambo step, Cross back, Back Cross □

- 1-2 Step R fw, turn ½ L stepping onto L □ 09:00
- &3-4 Step R fw, lock L behind R, step R fw □ 09:00
- 5&6 Rock L fw, recover onto R, step L back slightly diagonally □ 09:00
- 7&8& Cross R over L, step L back slightly diagonally, step R back slightly diagonally, cross L over R □ 09:00

A[17-25] □ Rock back, Ball step, Kick ball, Rock step, Ball ¼ R, Step ¼ R cross □

- 1-2 Rock R back, recover onto L □ 09:00
- &3 Step R next to L, step L fw □ 09:00
- 4&5 Kick R fw, step R next to L, rock L to L side □ 09:00
- 6&7 Recover onto R, step L next to R, turn ¼ R stepping R fw □ 12:00
- 8&1 Step L fw, turn ¼ R stepping onto R, cross L over right □ 03:00

A[26-32] □ Triple ¾ L, Shuffle, Rock step, Out out, Hip roll □

- 2&3 Turn ¼ L stepping R back, turn ½ L stepping L fw, step R fw □ 06:00
- 4&5 Step L fw, step R next to L, step L fw □ 06:00
- 6& Rock R fw, recover onto L □ 06:00
- 7&8 Step R to R side slightly back, step L to L side slightly back starting a hip roll CCW, finish the hip roll, weight ending on R □ 06:00

Alteration on the second A

Change count 5&6 to a Mambo ¼ L:

- 5&6 Rock L to L side, turn ¼ L recovering onto R, step L back slightly diagonally □ 09:00

Then leave out the next 8 counts, picking back up at count 15&16&:

- 7&8& Cross R over L, step L back slightly diagonally, step R back slightly diagonally, cross L over R □ 09:00

B section – 32 counts

B[1-8] □ Ball cross, ¼ L, Step lock step, ¼ R scissor step, ¼ L, ½ L, Rock step □

- &1-2 Step L next to R, cross R over L, turn ¼ L stepping L fw □ 09:00
- 3&4 Step R fw, lock L behind R, step R fw □ 09:00
- &5-6 Turn ¼ R stepping L to L side, step R next to L, cross L over R □ 12:00
- 7&8& Turn ¼ L stepping R back, turn ½ L stepping fw, rock R fw, recover onto L □ 03:00

B[9-16] □ Slide back rock x2, Switches, Shuffle □

1-2& Step/slide R diagonally back, rock L back, recover onto R □ 03:00
3-4& Step/slide L diagonally back, rock R back, recover onto L □ 03:00
5&6& Point R to R side, step R next to L, point L to L side, step L next to R □ 03:00
7&8 Step R fw, step L next to R, step R fw □ 03:00

B[17-24] □ Step unwind, Mambo step, Ball point, Body roll, Ball coaster step □

&1-2 Step L fw, lock R behind L, unwind 1/1 R with weight ending on R □ 03:00
3&4 Rock L fw, recover onto R, step L back □ 03:00
&5-6 Step R next to L, point L back starting a body roll, finish the body roll weight ending on L □ 03:00
&7&8 Step R next to L, step L back, step R next to L, step L fw □ 03:00

B[25-32] □ Rock step, Ball rock step, Ball step turn, Step turn, ¼ L □

1-2 Rock R fw, recover onto L □ 03:00
&3-4 Step R next to L, rock L fw, recover onto R □ 03:00
&5-6 Step L next to R, step R fw, turn ½ L stepping onto L □ 09:00
7&8 Step R fw, turn ½ L stepping onto L, turn ¼ L touching R next to L □ 12:00

C section – 16 counts

C[1-8] □ Lunge, Behind side cross, ½ L, Cross shuffle, ½ R x2 □

1-2 Lunge R to R side, recover onto L □ 12:00
3&4 Cross R behind, step L to L side, cross R over L □ 12:00
5&6 Turn ½ L crossing L over R, step R to R side, cross L over R □ 06:00
7-8 Turn ½ R stepping onto R, turn ½ R stepping L back □ 06:00

C[9-16] □ Rock back, Step ¼ L cross, ¼ R back, Side, Kick out out □

1-2 Rock R back, recover onto L □ 06:00
3&4 Step R fw, turn ¼ L stepping onto L, cross R over L □ 03:00
5-6 Turn ¼ R stepping L back, step R to R side □ 06:00
7&8 Kick L fw, step L to L side, step R to R side □ 06:00

Note : When going from one C pattern to another C pattern change the last counts to a kick ball touch:

7&8 Kick L fw, step L down, touch R next to L □ 06:00

Hope you enjoy

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