

You Turn Me On

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Pat Newell (USA) - August 2016
音乐: I Left Something Turned On At Home - Trace Adkins



#32 in/144 bpm

Senior Dancing Series

Learning: Heel hooks, vine, ¼ turn vine, heel stands, heel splits, single step touches, jazz box

RIGHT HEEL HOOK, HEEL TOUCH, RIGHT VINE

1-4 Touch R heel forward, cross R over L shin, R heel forward, touch R beside L
5-8 Step R to right, L behind R, R to side, touch L beside R

LEFT HEEL HOOK, HEEL TOUCH, LEFT VINE TO ¼ left

1-4 Touch L heel forward, cross L over R shin, L heel forward, touch L beside R
5-8 Step L to L, R behind L, turn ¼ L on L, touch R beside L 9:00

RIGHT HEEL STAND, LEFT HEEL STAND, HEEL SPLITS

1-4 Touch R heel forward, step R next to L, Touch L heel forward, step L next to R
5-8 With weight on ball of feet, split heels out, in, out in (weight to L on last in)

SINGLE STEP TOUCHES, ¼ L, JAZZ BOX

1-4 Step R, touch L next to R, step L ¼ L, scuff R 6:00
5-8 Step R over L, step back on L, step to the side on R, step forward on L

Start Again

No Tags No Restarts

Smile and Dance for the health of it.
