

Un Jour (P)

拍数: 64 墙数: 0 级数: Advanced Partner
编舞者: Piet Meulendijks (NL) & Hanneke - August 2016
音乐: Dis-moi qu'un jour - Alain Morisod & Sweet People



Info: LOD =12 . ILOD = 9 . RLOD =6. OLOD =3
Intro: 32 Tellen (Sweetheart Position) □

Black Lady & Man & (M) The Man

Touch Right Heel Diag, Fwd, Touch Right Toe Across LF, Right Shuffle Fwd, Rock Left Fwd, Recover, Left Shuffle Fwd

(Start in Sweetheart Position)

- 1 RF Touch Heel Diagonal Right Fwd (LOD)(12)
- 2 RF Touch Toe before LF
- 3 RF Step Forward
- & LF Step beside RF
- 4 RV Step Forward
- 5 LF Rock Forward
- 6 Recover on RF
- 7 LF Step Forward
- & RF Step beside LF
- 8 LF Step Forward

Rock Right Fwd, Recover, Shuffle ½ Turn Right, Step ½ Pivot Turn Right, Walk L & R Fwd,
Man: Shuffle Right Bwd, Rock Left Bwd, Recover

- 1 RF Rock Forward
- 2 Recover on LF (L-Hand Loose)
- 3 M: RF Stap Back
- & M: LF Step beside RF
- 4 M: RF Step Back
- 3 RF Step ¼ Turn Right (OLOD)(3)
- & LF Step beside RF
- 4 RF Step ¼ Turn Right Forward (RLOD)(6)
- 5 LF Step Forward
- 6 Turn on L&R ½ Turn Right (LOD)(12)
- 5 M: LF Rock Back
- 6 M: Recover on RF
- 7 LF Walk Forward (Sweetheart Position)
- 8 RF Walk Forward

Left Vine, Touch, Step ½ Pivot Turn Left, Right Shuffle Fwd

- 1 LF Step Left Side
- 2 RF Step behind LF
- 3 LF Step Left Side
- 4 RF Touch beside LF
- 5 RF Step Forward (R-hand Loose)
- 6 Turn on R&L ½ Turn Left (RLOD)(6)
- 7 RF Step Forward
- & LF Step beside RF
- 8 RF Step Forward

Step ¼ Pivot Turn Right, Cross Shuffle Right, 2x ¼ Turn Left, Across Left, Turn ¼ Turn Left

- 1 LF Step Forward (Take Both Hands)
- 2 Turn on L&R ¼ Turn Right (ILOD)(9)
- 3 LF Step over RF
- & RF Step Right Side
- 4 LF Step over RF (R-hand Loose)
- 5 RF Step ¼ Turn Left Back (RLOD)(6)
- 6 LF Step ¼ Turn Left Side (OLOD)(3)
- 7 RF Step over LF
- 8 LF Step ¼ Left Forward (LOD)(12)

Right Vine, Touch, Step ½ Pivot Turn Right, Left Shuffle Fwd

- 1 RF Step Right Side (Sweetheart Position)
- 2 LF Step behind RF
- 3 RF Step Right Side
- 4 LF Touch beside RF
- 5 LF Step Forward
- 6 Turn on L&R ½ Turn Right (RLOD)(6)
- 7 LF Step Forward
- & RF Step beside LF
- 8 LF Step Forward

Step ½ Pivot Turn Left, Shuffle Left Fwd, Vine Left, Touch

- 1 RF Step Forward
- 2 Turn on R&L ½ Turn Left (LOD)(12)
- 3 RF Step Forward
- & LF Step beside RF
- 4 RF Step Forward
- 5 LF Step Left Side
- 6 RF Step behind LF
- 7 LF Step Left Side
- 8 RF Touch beside LF

Right Rock Step Fwd, Recover, Right Coaster Step, Step Left Fwd. Lock behind Left, Left Step-Lock-Step Fwd

- 1 RF Rock Forward
- 2 Recover on LF
- 3 RF Step Back
- & LF Step beside RF
- 4 RF Step Forward
- 5 LF Step Forward
- 6 RF Lock behind LF
- 7 LF Step Forward
- & RF Lock behind LF
- 8 LF Step Forward

Step Right Fwd, Left Lock behind Right. Right Step-Lock-Step Fwd, Rock Left Fwd. Recover, Left Coaster Step

- 1 RF Step Forward
- 2 LF Lock behind RF
- 3 RF Step Forward
- & LF Lock behind RF
- 4 RF Step Forward
- 5 LF Rock Forward
- 6 Recover on RF

7 LF Step Back
& RF Step beside LF
8 LF Step Forward

Start Again:

Have Fun With the Dance
