Fresh Eyes



编舞者: Amy Glass (USA) - August 2016

音乐: Fresh Eyes - Andy Grammer: (iTunes)



Dance starts (almost immediately) on the lyric "Fresh".

Restart: Wall 9 after 16 counts (facing 3:00 wall)

[1-9] Side R, Close, Side, Together, Together, Side, Together, Together, 1/4 R, Triple Forward

Step RF to R, Close LF next to RF, Step RF to R

Step LF next to RF, Step RF in place, Step LF to L

6&7 Step RF next to LF, Step LF in place, Turn 1/4 R stepping forward on RF (3:00)

8&1 Triple forward L, R, L

[10-17]□Cross Rock, Recover, Side, Close, Snake R, Snake L, R Coaster

2-3 Cross Rock RF over LF, Recover weight on LF

4& Step RF to R, Close LF next to RF

5-6 Snake body roll to R, Weight should finish on the R (in the hip) while touching LF to L side

7 Snake body roll to L (keep weight in L hip)

Step back on RF, Close LF next to RF, Step forward on RF

Restart: Wall 9 (Start the dance facing 12:00). Dance first 16 counts (instrumental portion).

Restart the dance facing 3:00 wall after R coaster step

[18-25] ☐ Rock Forward, Recover, Back, Lock, 1/4 L, Cross, 1/4 L, Side Rock Cross

2-3 Rock forward on LF, Recover weight on RF

4&5 Step back on LF, Lock RF over LF, Turn 1/4 L Stepping LF to L side (12:00)

6-7 Cross RF over LF (while starting 1/4 turn L), Finish 1/4 turn L stepping forward on LF (9:00)

8&1 Rock RF to R, Recover weight on LF, Cross RF over LF

[26-32]□Full Turn Right, Side Rock Cross, Hip Push/Roll, Side Triple R

2-3 1/4 R Stepping back on LF (12:00), 1/2 R Stepping forward on RF (6:00)

4&5 Complete the full turn while Rocking LF to L, Recover weight on RF, Cross LF over RF (9:00)

6-7 Press on ball of RF to push/roll hips to R, Recover weight on L finishing the hip push/roll

(option flick R heel behind L calf/knee on count 7 when weight on LF)□

8&(1) Triple R (stepping RF to R, close LF next to R, (RF to R side to start the dance again)

Ending: Start the dancing facing 6:00.

Dance the entire wall but on count 1 that would have started on the 3:00 wall, make a 1/4 L and sit back on R to face the 12:00 wall.

Have fun!

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Last Update - 31st Aug 2016