

In The Mood

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Beginner
编舞者: Sonja Hemmes (USA) - August 2016
音乐: In the Mood (feat. Shoowop Shop) - Swing City : (Album: Well Swung)



Starts on Lyrics

S1: CHARLESTON WITH HOLDS

1-4 Touch right toe forward, hold, step right back next to left, hold
5-8 Touch left toe back, hold, step left foot beside right, hold

S2: HEEL, HEEL, BEHIND SIDE CROSS WITH HOLDS

1-4 Tap right heel, hold, tap right heel, hold
5-8 Step right behind left, step left to left side, step right in front of left, hold

S3: POINT LEFT SIDE, KICK, COASTER BACK WITH HOLDS

1-4 Point left to left side, hold, kick left forward, hold
5-8 Step back on left, step right next to left, step left forward, hold

S4: LOCK FORWARD RIGHT, SCUFF, LOCK FORWARD LEFT, SCUFF

1-4 Step right forward, step left behind right, step right forward, scuff left foot
5-8 Step left forward, step right behind left, step left forward, scuff right foot

S5: CROSS, SIDE, CROSS, HOLD, LEFT MAMBO, HOLD

1-4 Step right in front of left, step left to left side, step right in front of left, hold
5-8 Step left to left side, return weight on right, step left next to right, hold

S6: STEP, HOLD, PIVOT 1/4 LEFT, HOLD, STEP, HOLD, PIVOT 1/4 LEFT, HOLD

1-4 Step forward on right, hold, pivot 1/4 left on balls of feet, hold
5-8 Step forward on right, hold, pivot 1/4 left on balls of feet, hold

**2 RESTARTS:

Restart #1 – In the 3rd rotation, facing the 12 o'clock wall, dance the first 32 counts and restart the dance

Restart #2 – In the 8th rotation, facing the 12 o'clock wall, dance the first 32 counts and restart the dance

I hope you enjoy this fun dance