Some Days



拍数: 32 墙数: 4 级数:

编舞者: Gordon Elliott (AUS) - August 2016

音乐: Some Days - Justin Mcgurk: (Album:Nothing Without You)



Original Position: Feet Together Weight On The Left Foot.

This dance is done in FOUR directions. Introduction: 16 Beats.

JAZZ BOX. SHUFFLE FORWARD. PIVOT TURN

1, 2	Jazz Box : Step R Across In Front Of Left, Step L Back,
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3, 4 Step R To The Side, Step L Forward,

5 & 6 Shuffle Forward Step: R-L-R,

7, 8 Pivot: Step L Forward, Turn 180deg Right Take Weight Onto R.

SAMBA CROSS, SAMBA CROSS, BACK-LOCK-BACK, COASTER STEP

1 & 2	Step L To The Side, Side Rock Onto R, Step L Across In Front Of Right,
3 & 4	Step R To The Side, Side Rock Onto L, Step R Across In Front Of Left,
5 & 6	Step L Back, Lock R Across In Front Of Left, Step L Back,
7 & 8	Coaster : Step R Back, Step L Together, Step R Forward.

PADDLE TURN, ACROSS, SIDE, BEHIND-SIDE-ACROSS, SIDE, 1/4 FORWARD

1, 2 Paddle : Step L Forward,	Turn 90deg Right Take Weight Onto R,
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3, 4 Step L Across In Front Of Right, Step R To The Side,

5 & 6 Step L Behind Right, Step R To The Side, Step L Across In Front Of Right,

7, 8 Step R To The Side, Turn 90deg Left Take Weight Onto L.

ROLL FORWARD, SHUFFLE FORWARD, FORWARD, ROCK, 1/2 FORWARD, 1/4 TOUCH

1, 2	Turn 180deg Left Step R Back, Turn 180deg Left Step L Forward, ##	
2 2 1	Shuffle Ferward Ston : D.I. D.	

3 & 4 Shuffle Forward Step : R-L-R,

5, 6 Step L Forward, Rock Back Onto R,

7, 8 Turn 180deg Left Step L Forward, Turn 90deg Left Touch R Toe To The Side. **

[32] DREPEAT THE DANCE IN NEW DIRECTION

TAGS: At the END (**) of WALL 2 (BACK) & WALL 4 (FRONT) add the following

1, 2 Jazz Box : Step R Across In Front Of Left, Step L Ba	ack,
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3, 4 Step R To The Side, Step L Forward,

5, 6 Rocking Chair: Step R Forward, Rock Back Onto L,

7, 8 Step R Back, Rock Forward Onto L.

RESTART: On WALL 5 dance to BEAT 26 (##) then add the following and RESTART to the BACK

1, 2 Step R Forward, Step L Forward.

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