

The Wild Life

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Scott Blevins (USA) - August 2016
音乐: The Wild Life - Outasight : (Single)



#32 count intro

[1-8] PRESS, RECOVER, BEHIND, ¼ LEFT, FWD, FWD ROCK, RECOVER, ¼ LEFT, CROSS, ¼ RIGHT, 3/8 RIGHT

- 1-2 1) Press ball of R to right; 2) Recover to L
3&4 3) Step R behind L; &) Turn ¼ left stepping L forward [9:00]; 4) Step R forward
5&6 5) Rock L forward; &) Recover to R; 6) Turn ¼ left stepping L to left [6:00]
7,8& 7) Step R across L; 8) Turn ¼ right stepping L back; &) Turn 3/8 right stepping R forward toward 1 o'clock

[9-16] WALK, WALK, FWD MAMBO, ¼ RIGHT, 5/8 RIGHT, ¼ RIGHT, SIT/TOUCH WITH LOOK

- 1-2 1-2) Walk L - R forward on a diagonal toward 1 o'clock
3&4 3) Rock L forward; &) Recover to R; 4) Step L back (still facing 1 o'clock)
5-6 5) With knees slightly bent turn ¼ right stepping R to right [5:00]; 6) With knees slightly bent turn 5/8 right stepping L back [12:00]
7-8 7) Rising up turn ¼ right stepping ball of R to right [3:00]; 8) Touch L beside R as you sit over R and look right

Optional Arm Styling: On count 7, reach both hands up toward L shoulder. On count 8, bring hands down towards R hip snapping fingers.

[17-24] ¼ LEFT, ½ LEFT, COASTER STEP, STEP FWD, PIVOT ½ LEFT, SIDE, TOUCH, SIDE

- 1-2 1) Turn ¼ left stepping L forward [12:00]; 2) Turn ½ left stepping R back [6:00]
3&4 3) Step L back; &) Step ball of R beside L; 4) Step L forward (coaster step)
5-6 5) Step R forward; 6) Turn ½ left taking weight forward on L [12:00]
7&8 7) With knees slightly bent step R to right; &) Knees still bent, touch L beside R; 8) Knees still bent, step L to left

[25-32] SYNCOPATED SAILOR AND WEAVE, STEP FWD, PIVOT ½ RIGHT, ¼ RIGHT ROCK, RECOVER, CROSS

- 1&2&3& 1) Step ball of R behind L; &) Step L to left; 2) Step R to right; &) Step L behind R; 3) Step R to right; &) Step L across R
4 4) Step R forward
5-6 5) Step L forward; 6) Turn ½ right taking weight forward on R [6:00]
7&8 7) Turn ¼ right rocking L to left [9:00] &) Recover to R; 8) Step L across R

VARIATION FOR COUNTS 29-32 ON ROTATIONS 2 AND 6 – You will be facing the original 9 o'clock wall and replace counts 5-8 above with the following:

(5) Hold; 6) Step L forward; 7) Turn ¾ right taking weight on R; 8) Step L beside R

Tag: Insert the following steps after rotation 7. You will be facing the original 3 o'clock wall.

(1) Press R to right putting hands out to sides waist high and palms down; 2,3,4) Hold; a) Barely transfer weight to L and bring hands to neutral so you are ready to press again at the top of the dance.

Begin Again and Enjoy!

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