

Wasted Time

拍数: 48 墙数: 4 级数: Beginner
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音乐: Wasted Time - Keith Urban



Intro: 16 count

S1: Step Kick, Step Touch, Step Kick.

1-2 Step Right Forward, Kick left forward.
3-4 Step Left Back, Touch Right Toe Back.
5-6 Step Right Forward, Step Left Forward.
7-8 Step Right Forward, Kick Left Forward.

S2: Step Touch, Step Kick, Step Touch.

1-2 Step Left Back, Touch Right Toe Back.
3-4 Step Right Forward, Kick Left Forward.
5-6 Step left Back, Step Right Back
7-8 Step left Back, Touch Right Beside left

S3: Step Touch, ¼ Turn.

1-2 Step Right To Right Side, Touch Left Beside. (clap)
3-4 Step Left To Left Side, Touch Right Beside Left. (clap)
5-6 Turn ¼ To Left , Touch Left Beside Right. (clap)
7-8 Step Left To Left Side, Touch Right Toe Beside. (clap)

S4: Right Vine, Toe Touch, Hitch.

1-2 Step Right To Right Side, Step Left Behind Right
3-4 Step Right To Right Side, Touch Left Beside Right
5-6 Touch Left Toe To Left Side, Touch Left Toe Beside Right
7-8 Touch Left Toe To Left Side, Cross Left Over Right With Hitch

S5: Left Vine, Toe Touch, Hitch

1-2 Step Left To Left Side, Step Right Behind Left.
3-4 Step Left To Left Side, Touch Right Toe Beside Left.
5-6 Touch Right Toe To Right Side, Touch Right To Beside Left
7-8 Touch Right Toe To Right Side, Cross Right Over Left With Hitch

S6: Rolling Vine, Hip Bumps

1-2 Turn ¼ To Right And Step Right Foot Forward, Turn ½ To Right And Step Left Foot Back
3-4 Turn ¼ To Right And Step Right Foot To Side, Stomp Left Foot Next To Right
5-6 Hip Bumps Left Right
7&8 Hip Bumps Left Right Left

Dance and enjoy

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