

Rock Around the Clock Tonight

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Annette Lapp (DK) - August 2016
音乐: Rock Around the Clock - Johnny Farago : (Album: Only Super Hits - iTunes)



Intro: 32 count

S1: Sailor Right, Hold, Sailor Left, Hold

1 – 2 Cross right behind left, step left to left side
3 – 4 Step right to right side, hold
5 – 6 Cross left behind right, step right to right side
7 – 8 Step left to left side, hold*

***Easier option : Make a mambo right and hold, and a mambo left and hold in the first 8 count.**

S2: Right Shuffle Forward, Hold, Step Turn Step Right, Hold

1 – 2 Step right forward, step left beside right
3 – 4 Step right forward, hold
5 – 6 Step left forward, ½ turn to the right
7 – 8 Step left forward, hold

S3: Rumba Box

1 – 2 Step right to right side, step left beside right
3 – 4 Step right forward, hold
5 – 6 Step left to left side, step right beside left
7 – 8 Step left back, hold

S4: Step Backwards x 4 with Holds

1 – 2 Step right back, hold
3 – 4 Step left back, hold
5 – 6 Step right back, hold
7 – 8 Step left back, hold*

***Option : skate back instead of step backwards**

S5: Coaster, Hold, Left Shuffle Forward, Hold

1 – 2 Step right back, step left beside right
3 – 4 Step right forward, hold
5 – 6 Step left forward, step right beside left
7 – 8 Step left forward, hold

S6: ¼ Turn Left, Cross, Hold, Out, In, Step Left, Hold

1 – 2 Step right forward, ¼ turn to the left stepping left to left side
3 – 4 Cross right over left, hold
5 – 6 Point left to left side, left beside right
7 – 8 Step left to left side, hold

Contact: annette.lapp@skolekom.dk

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