

Feeling This Way

COPPERKNOB
BY STEPHEN PISTOIA

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Me Too - Meghan Trainor : (iTunes)



Intro: Start on Lyrics

(1-8) SIDE ROCK & SIDE ROCK WALK BACK X3 OUT OUT

1 2 Rock RF to R – recover to L
& 3 4 Step RF next to LF rock LF to L – recover to R
5 6 7 Step LF back step RF back step RF back
& 8 Step out wide on RF , step out wide on LF

(9-16) HEEL SWIVEL, JAZZ BOX CROSS, SIDE SHUFFLE

1 2 swivel heels in (1) swivel toes in (2)
3 4 5 6 Cross RF over LF step back on LF, step back on RF, cross LF over RF
7 & 8 step RF to R, bring LF to RF, step RF to R

(17-24) ROCK RECOVER, ¼ TURN POINT STEP POINT STEP, HEEL LIFT

1-2 step LF behind R – recover to R
3 4 step back on LF making ¼ turn; point right toe to R
5-6 step RF point left toe to L
7&8 step LF (7), lift both heels up (&) and down (8)

(25-32) ROCKING CHAIR, ½ TURN MONTERREY

1-2 rock R backward recover on L
3-4 rock R forward recover on L
5-6 point right toe to R, turn ½ turn R stepping RF next to LF
7 8 point left toe to L, stepping LF next to RF (weight on LF)

TAG: happens at the end of wall 3

CATWALK RIGHT, CATWALK LEFT

1-2-3-4 ¼ turn step R ,walk L, walk R, ½ turn pivot L (weight on R)/pose
5-6-7-8 walk L, R, L, ¼ pivot to R (wt on L)/pose

(Alternate Tag: vaudeville right, vaudeville left)

1-2 step RF side right LF behind RF
&3&4 step on RF extend LF heel, step on LF cross RF over LF with weight
5-6 step LF side RF behind LF
&7&8 step on LF extend RF heel, step on RF cross LF over RF with weight

Any questions contact: lsweber@comcast.net