

# Humble & Kind

拍数: 48                      墙数: 4                      级数: Intermediate waltz  
编舞者: Michael O'Shea (IRE) - August 2016  
音乐: Humble and Kind - Tim McGraw



Start on vocals.

## S1: Step Sweep, Cross Back Side, Step Drag, Back Turn Side

1-2-3                      step left slightly fwd left, sweep right around over left over 2 counts  
4-5-6                      cross right over left, step back left, step right to right side  
1-2-3                      step fwd left, drag right to left over 2 counts  
4-5-6                      step back right, step left 1/2 turn left, step right 1/4 turn to right side (3:00)

## S2: Back Rock, Hold, Replace 1/4 Turn, 1/4 Turn, 1/2 Turn Drag, Back, Cross Sweep

1-2-3                      rock back left, hold for 2 counts  
4-5-6                      replace weight to right, step left back 1/4 right, turning 1/4 turn right step right to right side  
1-2-3                      Turning 1/2 turn step left to left side, drag right to left, step slightly back right  
4-5-6                      cross left over right, sweep right across left over 2 counts (3:00)

**Note: \*\*Easier option - To cut out the full turn replace the 1/4, 1/4, 1/2 turns, with side, behind, side on those specific counts: 5-6-1**

## S3: Cross, Hitch, Hold, Back Turn Step, Twinkle Step Right, Twinkle 1/2 Turn

1-2-3                      step right across left, hitch left foot to left diagonal, hold  
4-5-6                      step back left, step right 1/2 turn right, step fwd left  
1-2-3                      cross right over left, step left to left side, replace weight to right  
4-5-6                      cross left over right, step right to right side, turning 1/2 turn left, step fwd left (3:00)

## S4: Side, Drag, Step, Cross, Step Side, Step Full Turn, Step.

1-2-3                      step right to right side, drag left to right, replace weight to left  
4-5-6,                      cross right over left, HOLD, step back left,  
1-2-3                      step right to right side, HOLD, step fwd left,  
4-5-6                      full turn left stepping right, left, step fwd right.(3:00)

**Note: \*\*Easier option - Omit the final full turn by replacing it with a basic waltz step fwd on 4-5-6**

Begin again.

**\*Dedicated to my fantastic students as we celebrate 17 years together with Dance Crazy\*  
They are ever & always - humble & kind. Enjoy this beautiful track by Tim McGraw.**

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