

Ain't Startin Tonight

COPPERKNOB
BY STEPHEN

拍数: 48 墙数: 2 级数: High Improver
编舞者: Rob Holley (USA) - August 2016
音乐: Ain't Startin Tonight - LOCASH : (CD: The Fighters - iTunes)



Intro: 32 (start on vocals)

[1-8] ROCK RECOVER, ½ TURN SHUFFLE, WIZARD STEPS X2

1-2 Rock forward R, recover weight on L
3&4 Turn ½ R step forward, step L next to R, step forward R (6:00)
5-6& Step forward L, step R behind L, step forward L
7-8& Step forward R, step L behind R, step forward R

[9-16] ½ PIVOT RIGHT, SHUFFLE FORWARD, OUT, OUT, IN, IN

1-2 Step L forward, turn ½ R weight on R (12:00)
3&4 Step L forward, step R next to L, step L forward
5-6 Step R forward and out (pushing R hip as you do this), step L forward out (pushing hip)
7-8 Step R back, step L next to R

[17-24] CROSS ROCK RECOVER, SIDE SHUFFLE, REPEAT

1-2 Cross rock R over L, recover weight to L
3&4 Step side R, step L next to R, step side R
5-6 Cross rock L over R, recover weight to R
7&8 Step side L, step R next to L, step side L

[25-32] KICK BALL POINT X2, BACK, BACK, UP, UP

1&2 Kick R forward, step ball of R next to L, touch L toe to L side
3&4 Kick L forward, step ball of L next to R, touch R toe to R side
5-8 Step R back and out, step L back out, step R forward, step L next to R

Restart – wall 5

[33-40] ROCK RECOVER, ½ TURN SHUFFLE, TOE STRUTS X2

1-2 Rock forward R, recover weight on L
3&4 Turn ½ R step forward, step L next to R, step forward R (6:00)
5-6 Touch L toe forward, step L heel down (weight on L)
7-8 Touch R toe forward, step R heel down (weight on R)

[41-48] ½ PIVOT RIGHT X2, ROCK RECOVER, COASTER

1-2 Step L forward, turn ½ R weight on R
3-4 Step L forward, turn ½ R weight on R
5-6 Rock forward L, recover weight on R
7&8 Step L back, step R back, step L forward

***Restart* after count 32 on wall 5 facing 12:00**