

# First Thing This Morning

COPPER KNOB  
STEPSHEETS

拍数: 48      墙数: 2      级数: Improver waltz  
编舞者: Ozgur "Oscar" TAKAÇ (TUR) - August 2016  
音乐: The Last Thing I Needed First Thing This Morning by Amanda Grace



Intro: 24 counts (00:17)

## S1: BASIC FORWARD & BACK

1-2-3      Step L forward, R together, L in place  
4-5-6      Step R back, L together, R in place

## S2: ACROSS, SIDE, RECOVER, ACROSS, SIDE, RECOVER

1-2-3      Step L across, R side, recover on L  
4-5-6      Step R across, L side, recover on R

## S3: FORWARD, STEP ½ TURN, STEP, ¾ TURN IN PLACE

1-2-3      Step L forward, R forward, ½ turn L (06:00) and recover on L  
4-5-6      Step R forward, ¼ turn R (09:00) in place and step L together, ½ turn R (03:00) in place and step R together

## S4: ACROSS ROCK STEP, TOGETHER, ACROSS ROCK STEP, TOGETHER

1-2-3      Step L across, recover on R, step L together  
4-5-6      Step R across, recover on L, step R together

## S5: ACROSS, SWEEP ¼ TURN, TWINKLE

1-2-3      Step L across, sweep and make a ¼ turn L (12:00)  
4-5-6      Step R across, L side, R diagonal forward

## S6: ACROSS, SWEEP ¼ TURN, TWINKLE

1-2-3      Step L across, sweep and make a ¼ turn L (12:00)  
4-5-6      Step R across, L side, R diagonal forward (01:30)

## S7: STEP, DRAG, KICK, BACK, TOGETHER, FORWARD

1-2-3      Step L forward (still on 01:30), drag R together, kick R forward  
4-5-6      R back, L together, R forward

## S8: STEP, TOUCH BEHIND, 1/8 BACK, TOGETHER, STEP ¼ TURN, TOGETHER

1-2-3&      Step L forward (still on 01:30), touch R behind, 1/8 turn L (12:00) and step R back, L together  
4-5-6      Step R forward, ¼ turn L (06:00) and recover on L, step R together

REPEAT

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