

Vamo A Bailar

拍数: 96 墙数: 1 级数: Phrased Advanced
编舞者: Materne Georgette (FR) & Jammart Amélie (BEL) - May 2016
音乐: Bailar (feat. Elvis Crespo) (Radio Edit) - Deorro



INTRO: 32 counts

Sequence: a-A-B-B-A-A-B-B

Start dance facing 3:00

PART a – 16 counts

a1: BATUCADA

1&2& RF press forward, RF step back, LF press forward, LF step back
3&4& RF press forward, RF step back, LF press forward, LF step back
5&6& RF 1/4 turn right press forward, RF step back, LF press forward, LF step back
7&8& RF press forward, RF step back, LF press forward, LF step back

a2:BATUCADA

1&2& RF 1/4 turn right press forward, RF step back, LF press forward, LF step back
3&4& RF press forward, RF step back, LF press forward, LF step back
5&6& RF 1/4 turn right press forward, RF step back, LF press forward, LF step back
7&8& RF press forward, RF step back, LF press forward, LF step back, RF touch beside LF

PART A

A1: SAMBA WHISK R AND L, VOLTA 1/2 TURN, CROSS, SIDE, CROSS

1&2 RF step side R, LF rock back, RF recover
3&4 LF step side L, RF rock back? If recover
5&6& RF 1/2 turn r cross over, LF step side L, RF cross over, LF step side L
7&8 RF cross over, LF step side L, RF cross over

A2: TOE,HEEL,FLICK,CROSS, TOE,HEEL,FLICK, CROSS

1-2 LF touch toe forward, LF touch heel forward
3-4 LF flick, LF cross over
5-6 RF touch toe forward, RF touch heel forward
7-8 RF flick, RF cross over

A3: MAMBO SIDE R AND L, SAILOR STEP , SAILOR STEP

1&2 LF rock side L, RF recover, LF together
3&4 RF rock side R, LF recover, RF together
5&6 LF cross behind, RF step side R, LF step side L
7&8 RF cross behind, LF step side L, RF step side R

A4: BODYROLL BACK TWICE, CROSS SAMBA 1/4 TURN, CROSS SAMBA

1-2 Bodyroll back
3-4 bodyroll back
5&6 RF cross over, 1/4 turn r, LF rock side , RF recover
7&8 LF cross over, RF rock side, LF recover

A5: KICK BALL 1/4 POINT, SWITCHES TOE POINT , SHAKE SHOULDERS

1&2 RF kick forward 1/4 TURN R, LF point side L
&3&4 LF beside RF, RF point side R, RF beside Lf, LF point side L
5-6 BF Lean backwards, shake shoulders BF Lean backwards, shake shoulders
7-8 BF Lean backwards, shake shoulders BF Lean backwards, shake shoulders

A6: 1/2 TURN , 1/2 TURN, jazz box

1-2 RF step forward 1/2 turn I, LF step forward
3-4 RF step forward 1/2 turn I, LF step forward
5-6 RF cross over, LF step back
7-8 RF step side R, LF step forward

PART B – 32 counts

B1: CHARLESTON STEP, KICK FWRD, KICK BACK, KICK 1/2 TURN

1-2 RF touch forward, RF step back
3-4 LF touch back, LF step forward
5-6 RF kick forward, RF kick back
7&8 RF kick Kick forward with 1/2 turn left

B2: COASTER STEP, SLIDE, swivel Hitch tweece

1&2 RF step back, LF together, RF step forward
3-4 LF big step forward, RF slide together
5&6& BF Swivel heel side R, swivel toe side r, swivel heel r, LF Hitch
7&8& BF Swivel heel side L, swivel toe side L, swivel heel L, RF Hitch

B3: BACK, SWEEP BACK 3 x, BEHIND ,SIDE, CROSS, JUMP OUT , JUMP IN fLICK, JUMP OUT , JUMP CROSS

1&2 RF step back, LF sweep front to back, RF sweep front to back
&3 LF sweep front to back
4&5 RF cross behind, LF step side L, RF cross over
6&7 BF jump out, jump in ,flick forward , BF jump out
8 Jump cross right over LF

B4: 1/2 TURN , CROSS, Back, CHASSE, CHASSE GALLOP

1 Bf 1/2 Turn L
2-3 RF cross over, LF step back
4&5 RF step side R, LF together, RF step side R
6&7&8 LF step side L, RF together, LF step side L, RF together, LF step side L

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