

Livin' On A Prayer

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Charlotte Macari (UK) - September 2008
音乐: Livin' On a Prayer - Bon Jovi



Section 1: Cross Side Sailor Step, Cross ¼ Turn, Shuffle with ¼ Turn Left

1, 2 Cross right over left, step left to left side
3&4 Right sailor step
5, 6 Cross left over right, turn ¼ left stepping back on right
7&8 Turn ¼ left as you shuffle to left side (6.00)

Section 2: Cross Side Sailor Step, Cross ¼ Turn, Shuffle with ¼ Turn Left Repeat counts 1-8

Section 3: Heel Switches, Step ¼ Turn Pivot, Heel Switches Step ½ Turn Pivot

1&2& Touch right heel forward, replace, touch left heel forward, replace
3, 4 Step forward right, make ¼ pivot turn left
5&6& Touch right heel forward, replace, touch left heel forward, replace
7, 8 Step forward right, make ½ pivot turn left

Section 4: Right Rocking Chair, Right Kick Ball Change, Step Pivot

1, 2 Rock forward on right, recover
3, 4 Rock back on left, recover
5&6 Right kick ball change
7, 8 Step forward right, make ½ pivot turn left

Note: In wall 5 these are the walks forward we start from!!!!

Section 5: Walk Forward Kick, Walk Back Touch

1 – 4 Walk forward, right left right, kick left
5 – 8 Walk back left right left, touch right next to left

Section 6: Side Touch Cross, Side Touch Cross, Syncopated Monterey Turn

1, 2 Touch right to right side, cross right over left
3, 4 Touch left to left side, cross left over right
5, 6 Touch right to right side, make ½ turn right stepping right next to left
7&8 Touch left to left side, step left in place, touch right to right side

Section 7: Cross Side Touch, Cross Side Touch, Right Sailor, Left Sailor with ½ Turn Left

1, 2 Cross right over left, touch left to left side
3,4 Cross left over right, touch right to right side
5&6 Right sailor step
7&8 Left sailor step with ½ turn left

Section 8: ¼ Turn with Side Shuffle, Rock Back Recover, Left Side Shuffle, Side Rock Recover

1&2 Turn ¼ turn left as you shuffle to right
3, 4 Rock back on right, recover weight to left
5&6 Shuffle to left side
7, 8 Rock to right side, recover weight to left.

Tags – After walls 2 and 4, facing the front, there is an 8 count tag

1 - 8 Step forward right, making ¼ turn pivot left (repeat another three times)

Restart: During Wall 5, after count 3 of Section 7 (i.e. cross left over right), restart the dance from Section 5

(Walks forward)

Contact: www.charlottesville.co.uk, Tel: 07909528850
