

Gotta Lot of Rhythm

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Gotta Lot of Rhythm in My Soul - Niamh Lynn



Intro: 16 counts

S1: R Point ,Touch ,Heel ,Hook ,R Lockstep L Point ,Touch ,Heel ,Hook ,L Lockstep
1&2& Rf point toe right touch toe beside lf Rf touch heel fw Rf hook across lf
3&4 Rf step fw ,lf cross behind rf ,Rf step fw
5&6& Lf point toe left touch toe beside rf Lf touch heel fw hook across rf
7&8 Lf step fw, rf cross behind lf ,Lf stap fw

S2: Rocking Chair ½ Pivot ¼ Pivot
1-2-3-4 Rf rock fw weight back on lf Rf rock bkw weight back on lf
5-6-7-8 Rv step fw rv+lv ½ turn left(6) Rv step fw rv+lv ¼ turn left (3)

S3: R Toestrut L Crossing Toe Strut Rocking Chair, R Toestrut L Crossing Toe Strut R Kick Fw 2x
1&2& Rf step toe right drop heel down lf step toe across rf drop heel down
3&4& Rf rock fw weight back on lf Rf rock bkw weight back on lf
5&6& Rf step toe right drop heel down lf step toe across rf drop heel down
7-8 Rf kick diagonal r 2x

S4: R Cross Bw ,L Step Aside ,Cross Shuffle ,Siderock ,Cross Behind ,Step Right ,Lf Cross Rf
1-2 Rf step behind lf, lf step left
3&4 Rf step across lf, lf step left , Rf step across lf
5-6 Lf rock left weight back on Rf
7&8 Lv step behind rf, Rv step right Lv step across rf

S5: Shuffle ¼ Turn Right 2x Heel Strut Fw 4x
1&2 fv 1/8 right lf step beside Rv 1/8 right(6)
3&4 Lv 1/8 right rv step beside Lv 1/8 right(9)
5&6& Rf step fw on heel, drop right toe lf step fw on heel, drop left toe
7&8& Rf step fw on heel, drop right toe lf step fw on heel, drop left toe

S6: Step Touch 2x Chassé Right Step Touch 2x Chassé ¼ Left *
1&2& Rf step right lf touch toe beside rf lf step left Rf touch toe beside lf
3&4 Rf step right lf step beside rf Rf step right
5&6& Lf step left Rf touch toe beside lf Rf step right lf touch toe beside rf
7&8 Lf step left step Rf beside lf, lf step ¼ fw (6)*

S7: Charleston 1/8 Pivot Left 2x
1-2-3-4 Rf touch toe fw, Rf step bkw lf touch toe bkw, lf step fw
5-6-7-8 Rf step fw rf+lf 1/8 turn left Rf step fw rf+lf 1/8 turn left (3)

S8: Rock Fw Shuffle ½ Turn Right 2x Mambo Bkw R Touch Toe Beside Left Feet
1-2 Rf rock fw weight back on lf
3&4 Rf step ¼ turn right lf step beside rf Rf step ¼ turn right
5&6 Lf step ¼ turn right Rf step beside lf lf step ¼ turn right
7&8 Rf rock bkw weight back on lf Rf touch toe beside lf

*Restart: on wall 4: dance the first 48 counts then restart from the beginning
Ending: on wall 6: dance the first 8 counts

Then Rf rock fw, weight back on lf while turning $\frac{1}{2}$ right, Rf step fw, Lf step beside rf
