

Lay Back In Someone's Arms

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Molly Yeoh (MY) - August 2016
音乐: Lay Back In the Arms of Someone - Smokie : (iTunes)



Intro: 32 counts (No Tag, No Restart)

[1-8] WALK 3 STEPS BACK, TAP KICK FWD TOGETHER, BACK TOUCH KICK

1-2, 3&4 Walk R back, L back, R back, L touch beside R(&), L kick fwd @ 4
5-6, 7&8 Step L fwd on 5, R step beside L, L step back, R touch beside L & R kick fwd

[9-16] 2 STEPS FWD, SHUFFLE, SHUFFLE ¼ TURN

1-2, 3&4, Step R fwd, step L fwd, R shuffle fwd,
5&6, 7-8 L Shuffle fwd, step R fwd, ¼ L turn, L step beside R (face 9 o clock)

[17-24] CROSS SHUFFLE TO L, CROSS SHUFFLE TO R, TOUCH KICK

1-2-3-4 R cross over left, left step left, R cross over left, left point to L
5-6-7&8 Left cross over R, R step to R, Left cross over R, Right touch behind @ & and kick up(face R diagonal)

(You may bend left leg slightly @ &, and straighten up as you kick @ 8)

[25-32] Step back R, Left point, Right point, Kick ball change, half, bump R

1,2,3,4 Right step behind back, L point to L side, (still diagonal) Left step back R point to R(face L diagonal)
5&6 Right Kick fwd and step down @ &, L touch beside R
7&8 Twist both legs to 3 o clock (weight on L @ 7), bump Right & 8

Start again, hope you like it!

Do not hesitate to contact me @ suanyeah@hotmail.com