

Dancing On My Own

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Simon Ward (AUS) & Kim Ray (UK) - July 2016
音乐: Dancing On My Own - Calum Scott : (Single)



#8 count intro

S1: □ FORWARD, STEP PIVOT FULL TURN RIGHT, BEHIND, SIDE, CROSS ROCK/RECOVER, BALL CROSS, SIDE ROCK/RECOVER ¼ TURN LEFT, RUN ROUND ½ TURN LEFT

- 1 Step forward on right
2&3 Step forward on left, ½ pivot turn right, ½ turn right stepping back on left slightly sweeping right out and back
4&5& Cross right behind left, step left to left side, cross rock right over left, recover back on right
6&7& Step right to right side, cross step left over right, rock right to right side, ¼ turn left recovering on left (9:00)
8& ¼ turn left stepping forward on right, ¼ left stepping forward on left (3:00)

S2: □ FORWARD ROCK/RECOVER, 3/8 TURN RIGHT ROCK FORWARD/RECOVER, BACK ROCK/RECOVER, PIVOT ¼ TURN LEFT, CROSS, SIDE ROCK/RECOVER, CROSS

- 1-2 Rock forward on right, recover back on left
& 3/8 turn right stepping forward on right (7:30)
3-4 Rock forward on left (raising both arms up and forward), recover back on right (bringing both arms back down)
&5& Step back on left, rock back on right, recover forward on left
6& Step forward on right to face 6:00, ¼ pivot turn left (3:00)
7&8& Cross step right over left, rock left to left side, recover on right, cross step left over right

S3: □ BASIC TO RIGHT, SIDE ROCK/RECOVER CROSS, ¼ TURN LEFT, BACK ROCK/RECOVER, ½ TURN RIGHT, BACK ROCK/RECOVER, FULL TURN LEFT

- 1-2& Large step to right to right side, rock back on left, cross step right over left
3&4 Rock left to left side, recover on right, cross step left over right
&5 ¼ turn left stepping back on right, rock back on left (12:00)
6& Recover forward on right, ½ turn right rock back on left (6:00)
7& Rock back on right, recover forward on left
8& ½ turn left stepping back on right, ½ turn left stepping forward on left (6:00)

S4: □ STEP FORWARD RIGHT, STEP FORWARD LEFT, 1/8 TURN LEFT x 3, FORWARD ROCK / RECOVER, COASTER STEP, PIVOT 5/8 TURN LEFT

- 1 Step forward on right
2&3 Step forward on left, 1/8 turn left stepping right to right side, step back on left (4:30)
&4& Step back on right, 1/8 turn left stepping left to left side (3:00), 1/8 turn left stepping forward on right (1:30)
5-6 Rock forward on left, recover back on right
&7& Step back on left, step right next to left, step forward on left
8& Step forward on right, pivot 5/8 turn left (6:00)

RESTART on wall 2 after 8 counts but make the ½ run round ¾ run round to face 6:00.

RESTART on walls 4 to face 6:00 and 7 to face 12:00 both after 24 counts.

Contacts:-

Simon Ward (Aus) bellychops@hotmail.com

Kim Ray (UK) kim.ray1956@icloud.com

