Dance Like Daddy - Dance Day 2016



编舞者: Elizabeth Smith (USA) - July 2016

音乐: Dance Like Yo Daddy - Meghan Trainor



Note: This dance was choreographed to celebrate National Dance Day (NDD) with a line dance that incorporates some of the moves of the official dance routine of the Dizzy Feet Foundation's NATIONAL DANCE DAY(NDD) July 30, 2016. See the Dizzy Feet website for a video of the NDD routine. Their video explains some of the arm moves used in this line dance (cabbage patch and hitchhike). http://dizzyfeetfoundation.org/national-dance-day/

Dance starts after 48 counts.

Section 1: Facing L Diagonal Arms Up-Down, Cabbage Patch

- Facing L diagonal, with elbows slightly bent, raise R arm and at the same time lower L arm(1), lower R arm and raise L arm(2); repeat for counts 3 and 4
- Put arms together in front of chest, with closed wrists, and move them in a circular motion counter clockwise while shifting weight from R to center (5 6), repeat while shifting weight from center to L (7 8)

Section 2: Facing R Diagonal Arms Up-Down, Cabbage Patch

- Facing R diagonal, with elbows slightly bent, raise R arm and at the same time lower L arm(1), lower R arm and raise L arm(2); repeat for counts 3 and 4
- Put arms together in front of chest, with closed wrists, and move them in a circular motion counter clockwise while shifting weight from L to center (5 6), repeat while shifting weight from center to R (7 8)

Section 3: Forward Step Touches R L, Basic to Diagonal with hitchhikes

- 1 2 3 4 Step-slide to R diagonal as 'hitchhike' moving R thumb to the R (1 2), step-slide to L diagonal as 'hitchhike' moving L thumb to the L (3 4)
- Traveling to the R diagonal step-slide-step-touch as 'hitchhike' twice moving R thumb to the R

Section 4: Back Step Touches R L, Basic to Diagonal with hitchhikes

- 1 2 3 4 Step-slide to L back diagonal as 'hitchhike' moving L thumb to the L (1 2), step-slide to R back diagonal as 'hitchhike' moving R thumb to the R (3 4)
- Traveling back to the L diagonal step-slide-step-touch as 'hitchhike' twice moving L thumb to the L

Section 5: Vine R with 1/4 turn R, scuff 1/4; vine L with touch

- 1 2 3 4 Step R to the side, step L behind R, turn 1/4 R stepping R forward, turn another 1/4 R while scuffing L foot (6:00)
- 5 6 7 8 Step L to the side, step R behind L, step L to the side, touch R next to L

Section 6: Out-Out-Out while clapping low, low, high, high

- Step R out to R (1), clap 'low' on the R near R knee (2), step L out to the L (3), clap 'low' on the L near the L knee(4)
- Step R out to R (1), clap 'high' on the R above head (2), step out on the L (3), clap 'high' on the L above head(4)

TAG: 8 count Tag: At end of wall 6, Meghan sings 'but like I still can't touch my toes" and you will be facing 12:00. Simply repeat Section 6.

Ending: After the tag, you will dance one more full wall, which will end at 6:00. Then dance the first 16 counts (arms and cabbage patch in both directions), then do the following for the next 8 counts:

1 2 3 4 While rolling hips counter clockwise - step R forward (1), hold (2), pivot 1/4 L (3), hold(4)

5 6 7 8 Repeat counts 1-4 to end facing the front

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