Twist King



编舞者: Sally Hung (TW) - July 2016

音乐: Twist King (트위스트킹) - TURBO (터보)



Sequence Of Dance:

Restart After Finishing S7 Of Wall 3, Facing 6:00 Restart After Finishing S7 Of Wall 5, Facing 6:00 Restart After Finishing S5 Of Wall 7, Facing 6:00

Intro: 40 Counts After Hevy Beats

S1. VINE R WITH TOUCH, VINE L WITH TOUCH

1,2,3,4 Step R to the R, cross step L behind R, step R to the R, touch L next to R Step L to the L, cross step R behind L, step L to the L, touch R next to L

S2. (SWIVEL BOTH TOESS OUT, IN, OUT, IN) X2

1,2,3,4 Swivel both toes out, in, out, in traveling to the R 5,6,7,8 Swivel both toes out, in, out, in traveling to the L

S3. OUT, OUT, BACK, CLOSE, JAZZ BOX WITH 1/4 TURN R

1,2,3,4 Step R slightly fwd, step L to side (shoulder width), step R back, step L together

5,6,7,8 Cross R over L, ¼ turn R stepping back on L, step R to R, step L fwd

S4. REPEAT S3

S5. ROCKING CHAIR, PADDLE FULL TURN L

1,2,3,4 Rock R fwd, recover onto L, rock R back, recover onto L

5&6&7&8 Make ¼ turn L pointing R fwd, recover onto L, make ¼ turn L pointing R to R side, recover

onto L, make 1/4 turn L pointing R to R side, recover onto L, make 1/4 turn L pointing R to R

side, recover onto L

S6. TOE STRUT, TOE STRUT, HIP TWIST R-L-R-L

1,2,3,4 Touch R toe fwd, step down on R, touch L toe fwd, step down on L

5,6,7,8 Hip twist R-L-R-L

S7. FWD, TOUCH, ½ L FWD, TOUCH, FWD, TOUCH, ½ L FWD, TOUCH

1,2,3,4 Step R fwd, touch L next to R, ½ turn L stepping L fwd, touch R next to L Step R fwd, touch L next to R, ½ turn L stepping L fwd, touch R next to L

S8. RUN FULL TURN L, HEELS SWIVELS

1,2,3,4 Start to make a full turn L, run round stepping RLRL

5,6,7,8 Swivel both heels R, swivel heels back to place, swivel both heels R, swivel heels back to

place

Happy Dancing!

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