

Try Everything

拍数: 32 墙数: 2 级数: Improver Polka motion
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音乐: Try Everything - Shakira



NO Tag – NO Restart

Section 1: [1-8] Diagonal Shuffle R – Diagonal Shuffle L - Cross – Back – Shuffle R ¼ Turn R

1&2 Step RF diagonal forward – Step LF together (&) – Step RF diagonal forward
3&4 Step LF diagonal forward – Step RF together (&) – Step LR diagonal forward
5, 6 Cross RF over LF – Step backwards LF
7&8 Step RF to R Side – Step LF beside R (&) – Turn ¼ R Step RF Forward (3:00)

Section 2: [9-16] ½ Shuffleturn R – Rock Step - 2x Kick Ball Step R

1&2 ¼ Turn R Step LF to L Side – Step RF beside LF (&) – ¼ Turn R Step LF Back (9:00)
3, 4 Step RF back – Recover on LF
5&6 Kick RF forward – Step RF beside LF (&) – Step LF forward
7&8 Kick RF forward – Step RF beside LF(&) – Step LF forward

Section 3: [17- 24] Cross Rock R – Chassé R - Cross Rock L – Chassé L

1,2 Cross RF before LF – Recover on LF
3&4 Step RF to R Side – Step LF together (&) – Step RF to R Side
5,6 Cross LF before RF – Recover on RF
7&8 Step LF to L Side – Step R together (&) – Step LF to L Side

Section 4: [25 – 32] Sync. Weave L ¼ L – 2x ½ Step Turn L

1&2 Cross RF behind LF – Step LF to L Side (&) – Cross RF before LF
&3,4 Step LF to L Side (&)– Cross RF behind LF – ¼ Turn L Step LF Forward (6)
5,6 Step RF forward – ½ Turn L (12)
7,8 Step RF forward – ½ Turn L (6)

Start again and have fun!

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