

Pray With Me

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Mike Parkinson (WLS) - July 2016
音乐: Pray with Me - Rick Astley : (Album: 50)



Start 10 Seconds - 18 Beats Directly After Double Drum Beat

Fast Alternative Music - Paul Simon - Call Me Al - Album : Graceland – (No Restart)

Section 1: WALK FORWARD RIGHT, LEFT, RIGHT KICK-BALL POINT LEFT, BALL SWITCH POINT RIGHT, ¼ RIGHT UNWEIGHTED MONTEREY , RIGHT KICK BALL CROSS

1, 2, 3&4&5, 6 Walk Forward Right, Left, Right Kick Ball Point Left to Left Side, Ball Step Left Together, Point Right Toe Right, Monterey ¼ Turn Right Weight On Left,
7&8 Right Kick Ball Cross (3.00)

Section 2: BALL CROSS SHUFFLE LEFT, RIGHT SIDE ROCK, RECOVER, CROSS SHUFFLE LEFT, ¼ LEFT, TOUCH RIGHT TOGETHER

&1&2, 3, 4 Ball Step Right, Cross Shuffle (Moving Right) Left, Right, Left, Right Side Rock Right, Recover Left,
5&6 Right Cross Shuffle (Moving Left) Right, Left, Right,
7-8 ¼ Left Stepping Left Forward, Touch Right Beside Left (12.00)

Section 3: WALK FORWARD RIGHT, LEFT, JUMP BACK, BACK STEP, CROSS SHUFFLE LEFT, BACK ¼ LEFT, TOUCH LEFT

1, 2 &3, 4 Walk Forward Right, Left, Jump Back Slightly Right, Left, Step Back On Right,
5&6 Left Cross Shuffle Left, Right, Left (Moving Right),
7-8 Stepping Back On Right ¼ Left, Touch Left Beside Right (9.00)

Section 4: WALK FORWARD LEFT, RIGHT, JUMP BACK, BACK, CROSS SHUFFLE RIGHT, ¼ LEFT TOUCH RIGHT

1, 2, &3, 4, 5&6 Walk Forward Left, Right, Jump Back Slightly Left, Right, Step Back On Left, Cross Shuffle Right, Left, Right (Moving Left),
7-8 Step Forward Left ¼ Left, Touch Right Beside Left (6.00)

Section 5: REVERSE RHUMBA BOX WITH ¼ TURN LEFT, ROCK FORWARD RIGHT, RECOVER BACK LEFT, TRIPLE ½ RIGHT (RIGHT, LEFT, RIGHT)

1&2, 3&4, 5, 6 Step Right to Right Side, Step Left Together, Step Right Back, Step Left To Left Side, Step Right Together, Step Forward on Left ¼ Turn Left(3.00) Rock Forward on Right, Recover Back On Left,
7&8 ½ Triple Turn Right - Right, Left, Right (9.00)

Section 6: STEP PIVOT ¼ RIGHT, FORWARD LEFT SHUFFLE, RIGHT SCISSOR STEP, LEFT SCISSOR STEP

1, 2, 3&4, 5&6 Left Step Forward Pivot ¼ Turn Right (12.00), Left Forward Shuffle - Left Right Left, Step Right Side Step, Step Left Besides Right, Right Cross Step Over Left,
7&8 Left Side Step, Step Right Besides Left, Left Cross Step Over Right

***RESTART WALL 2* - PRAY WITH ME**

Section 7: RIGHT ROCK FORWARD, RECOVER, FULL TRIPLE RIGHT TURN, ROCK LEFT FORWARD, RECOVER RIGHT, ¼ TURN LEFT SIDE TOGETHER, SIDE

1, 2, 3&4, 5, 6 Rock Forward Right, Recover Back Left, Full Triple Turn Right, Right, Left, Right (Easy Option Right Coaster Step) Rock Forward Left, Recover Back Right,
7&8 ¼ Left Side Shuffle, Left, Right, Left (3.00)

SECTION 8: SYNCOPATED WEAVE MOVING LEFT - CROSS SIDE BEHIND SIDE, CROSS ROCK, RIGHT SIDE TOGETHER SIDE, POINT LEFT ¼ LEFT MONTEREY WEIGHTED

1&2&3, 4, 5&6 Cross Step Right Over Left, Step Left Besides Right, Cross Right Behind Left, Left Beside Right, Cross Rock Right Over Left, Recover On Left, Right Side Shuffle Right, Left, Right,
7-8 Point Left Toe ¼ Left (Weighted Monterey ¼ Left), Dropping Left Heel Weight On Left. (6.00)

Begin Again - Enjoy!!

(Restart Wall 2 - After 48 Counts)

Any Questions Please Call Mike On 07840290195 Or Email mike@parkinson5648.freeserve.co.uk
