

Blue Mountain Magic

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Pat Newell (USA) - July 2016
音乐: In the Blue Mountains - Pat Garrett



Senior Dancing Series - Start: 32 in

Learning: Sways, holds, triples, triple to ¼ wall, vines, single step touches, jazz box

Alt music: Blue Kentucky Girl by Emmylou Harris 16 in 120 bpm

SWAY, HOLD, SWAY, HOLD TRIPLE RIGHT, ROCK RECOVER

1-4 Step right, hold, step left, hold (sway movement)

5&6 7-8 Triple to the right R,L,R, rock back on left, recover weight on right

SWAY, HOLD, SWAY, HOLD, TRIPLE LEFT, ROCK RECOVER

1-4 Step left, hold, step right, hold (sway movement)

5&6 7-8 Triple to the left L,R,L, rock back on right, recover weight on left

VINE RIGHT TO A TRIPLE STEP, VINE LEFT TO TRIPLE, TURNING ¼ LEFT

1-2 3&4 Step right to right, left behind right, triple RLR

5-6 7&8 Step left to left, right behind left, on count 7 start the triple to ¼ left LRL 9:00

SINGLE STEP TOUCH, SINGLE STEP SCUFF, ENDING WITH RIGHT OVER LEFT JAZZ BOX

1-4 Step to the right, touch left beside right, step to the left, scuff right forward

5-8 Step right over left, step back on left, to the side on right, step forward on left.

Smile and start again.

NO TAGS, NO RESTARTS

DANCE FOR THE HEALTH OF IT
