

Money Back Guarantee

COPPER **KNOB**
BY STEPSHEETS

拍数: 40 墙数: 4 级数: Improver
编舞者: Hayley Wheatley (UK) & Ann-Kristin Sandberg (NOR) - July 2016
音乐: Return Policy - Autumn Hill : (iTunes)



Count In: 20 counts

S1: STEP FWD , ROCKING CHAIR, STEP FWD, MAMBO STEP, SWIVELS RIGHT

1 Step fwd onto RF □ 12:00
2&3& Rock fwd onto LF, recover onto RF, Rock back onto LF, Recover onto RF □ 12:00
4 Step fwd onto LF □ 12:00
5&6 Rock fwd onto RF, Recover onto LF, Close RF beside LF □ 12:00
7&8 Swivel both heels to right, Swivel both toes to right, Swivel both heels to right □ 12:00

S2: HEEL & CROSS, SIDE, HEEL & CROSS, CHASSE, ¼ L CHASSE

1&2& Touch L heel diagonal forw to L, Step L next to R, Cross R over L, Step L to L side □ 12:00
3&4 Touch R heel diagonal forw to R, Step R next to L, Cross L over R □ 12:00
5&6 Step R to R side, Step L next to R, Step R to R side □ 12:00
7&8 ¼ turn L stepping L to L side, Step R next to L, Step L to L side □ 09:00

S3: WALK , ROCK RECOVER, BACK, BACK TWIST, COASTER STEP

1-2 Step R forw, Step L forw □ 9:00
3&4 Step R forw, Recover onto L, Step R backw □ 9:00
5-6 Step L backw (twist R toe to R side at same time), Step R backw (twist L toe to L side at same time) □ 9:00
7&8 Step L backw, Step R next to L, Step L forw □ 09:00

S4: HIP BUMPS ¼ TURN, SAILOR STEP, RECOVER STEP SIDE, HIP BUMPS ¼ TURN, COASTER STEP

1&2 Step fwd on RF while bumping hips R & making 1/8 turn L, recover onto LF, Bump Hips R making 1/8 turn L □ 6:00
3&4 Step LF behind RF, Step RF to R side, Step LF to L side □ 6:00
5&6 Step fwd on RF while bumping hips R & making 1/8 turn L, recover onto LF, Bump Hips R making 1/8 turn L □ 3:00
7&8 Step LF backw, Step RF next to L, Step LF fwd □ 3:00

S5: PIVOT ½ TURN, PIVOT ½ TURN, JUMPS OUT, JUMPS IN, HEEL, TOUCH

1-2 Step Fwd onto RF, Pivot ½ turn L □ 9:00
3-4 Step Fwd onto RF, Pivot ½ turn L □ 3:00
&5&6 Step RF out to R side, Step LF out to L side, Step RF in, Step LF in (beside RF) □ 3:00
7-8 Tap R heel fwd, Touch R toe beside LF □ 3:00

Start Again!

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