# Eleno Kerko

级数: Beginner



编舞者: Russell Breslauer (USA) - July 2016 音乐: Eleno Kerko - Elena Velevska

或: any Lesno tune

## Alternative Music: Makedonsko Devojce by many

### Start when singing starts (This is a very slow dance with some Macedonian style steps)

#### **Circle Weave**

1-4 Step Left over right, Right to right, Left behind right Sweep Right behind left 5-8 Step Right behind left, Left to left, Right in front of left Hitch Left

#### Step Lift (with Čuče – pronounced chuchay) x4

Step Left to left, Lift Right (with čuče - lift left heel), Step Right to right, Lift Left (with čuče) 1-4 5-8 repeat 1-4

#### Forward Lock Forward and Back Lock Back with hitch

- Step Left forward, lock Right to left, Left forward, Hitch Right 1-4
- 5-8 Step Right back, lock Left to right, Right back, Hitch Left

#### Rock Forward Recover lift with foot behind calf Rock Back Recover lift with foot beside calf

- 1-4 Step Left forward, recover on Right, step Left next to right, Touch Right behind left calf
- 5-8 Step Right back, recover on Left, step Right next to left, Touch left beside left calf

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拍数: 32