

Getting Stronger

拍数: 32 墙数: 4 级数: Improver NC
编舞者: Carrie Bauer (USA) - July 2016
音乐: A Little Bit Stronger - Sara Evans : (Soundtrack Country Strong)



Intro: 48 counts (begin on vocals)

[1-8] NIGHTCLUB STEP RIGHT, NIGHTCLUB STEP LEFT

1-2 Step R to right side (1), Hold (2)
3-4 Rock L behind R, recover R
5-6 Step L to left side (5), Hold (6)
7-8 Rock R behind L, recover L

[9-16] TWO TIMES ROCK RECOVER RIGHT FORWARD WITH HOLDS AND HIPS

1-2 Rock R forward (1), Hold (2)
3-4 Recover L (3), Hold (4)
5-6 Rock R forward (5), Hold (6)
7-8 Recover L (7), Hold (8)

(Note: swing hips forward and back during this, like a dip) □

[17-24] □ VINE RIGHT WITH HOLD, ¼ TURN LEFT

1-2 Step R to right side (1), Hold (2)
3-4 Step L behind R (3), step R to right side (4)
5-6 Cross L over R (5), Hold (6)
7-8 Push off on R to right side making ¼ turn left (9:00)

[25-32] JAZZBOX LEFT WITH HOLD, CROSS, HOLD, SIDE BEHIND TO THE RIGHT

1-2 Cross R over L (1), Hold (2)
3-4 Step L back (3), step R to right side (4)
5-6 Cross L over R (5), Hold (6)
7-8 Step R to right side (7), step L behind R (8)

**2 Restarts: both after 16 counts, on walls 2 (9 o'clock) and 9 (3 o'clock)

Tag: at the end of walls 7 (6 o'clock), 12 (6 o'clock), 14 (12 o'clock), dance these 8 counts:

(1-4) Step R to right side (1), Hold (2), rock L across front of R (3), recover R (4)
(5-8) Step L to left side (5) Hold (6), rock R across front of L (7), recover L (8)

Ending: Wall 21 is only 16 counts. Begin facing 6 o'clock. Finish the 16 counts and then cross R over L, unwind to the front wall and pose. □

Please do not alter this step sheet. Questions or concerns may be directed to me at linedancelawyer@yahoo.com.

Thank you! Carrie Bauer