

Mi Corazon (My Heart)

COPPER KNOB
BY STEPHEN T. HARRIS

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Ira Weisburd (USA) - July 2016
音乐: La Maldita Soledad - Pimpinela : (Album: Son Todos Iguales)



Intro: 16 counts* Start on vocal @ 13 seconds
One Easy Restart on Wall 5 @ 12:00 after first 16 cts.

PART I. (FORWARD, CROSS, BACK, SIDE; CROSS, RECOVER, VOLTA 1/2 TURN R)

1-2 Step forward onto R, Step L across R
3-4 Step R back, Step L to L
5-6 Step R across L, Recover back onto L
7&8 Step R forward, Step L back making 1/4 Turn R (3:00), Step R forward making 1/4 Turn R (6:00)

PART II. (MAMBO CROSS, MAMBO CROSS; CROSS, RECOVER, VOLTA 1/2 TURN L)

1&2 Step L to L, Step R to R, Step L across R
3&4 Step R to R, Step L to L, Step R across L
5-6 Step L across R, Recover back onto R
7&8 Step L forward, Step R back making 1/4 turn L (3:00), Step L forward making 1/4 Turn L (12:00)

PART III. (CROSS, RECOVER, SHUFFLE 1/8 TURN R; FORWARD, RECOVER, BACK, 1/8 TURN R)

1-2 Step R across L, Recover back onto L
3&4 Step R to R, Step- close L beside R, Step R to R making 1/8 Turn R (1:30)
5-6 Step L forward, Recover back onto R
7-8 Step L back, Recover forward onto R making 1/8 Turn R (3:00)

PART IV. (PIVOT 1/2 TURN R, SHUFFLE 1/4 TURN R; BACK, RECOVER, PIVOT 1/2 TURN L)

1-2 Step L forward, Pivot 1/2 Turn R onto R (9:00)
3&4 Step L forward making 1/4 Turn R (12:00), Step- close R beside L, Step L to L
5-6 Step R back, Recover forward onto L
7-8 Step R forward, Pivot 1/2 Turn L onto L (6:00)

REPEAT DANCE.

Email: dancewithira@comcast.net