

Hell of A Girl

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Sharon Brizon (UK) - July 2016
音乐: Hell of a Girl - SAYGRACE : (Single or Album Version)



Intro: 16 counts. Tag: 16 counts – Danced once after Wall 3 (facing 9 o'clock)

R CROSS ROCK & CROSS ROCK & CROSS ROCK ¼ TURN, STEP ½ PIVOT

1-2& Rock right over left. Recover weight on left. Step right to right side.
3-4& Rock left over right. Recover weight on right. Step left to left side.
5-6& Rock right over left. Recover weight on left. Make ¼ turn right, stepping right forward.
7-8 Step forward left. Pivot ½ turn right (weight on right)

L CROSS ROCK & CROSS ROCK & CROSS ROCK ¼ TURN, FORWARD ROCK, SWEEP

1-2& Rock left over right. Recover weight on right. Step left to left side.
3-4& Rock right over left. Recover weight on left. Step right to right side.
5-6& Rock left over right. Recover weight on right. Make ¼ turn left, stepping left forward.
7-8& Rock right forward. Recover weight on left. Sweep right from front to back. (6 o'clock)

WEAVE LEFT, SWEEP, WEAVE RIGHT, SWEEP, SAILOR ¼ TURN, HEEL BALL CROSS

1&2 Step right behind left. Step left to left side. Step right over left.
& Sweep left from back to front.
3&4 Step left over right. Step right to right side. Step left behind right.
& Sweep right from front to back.
5&6 Step right behind left. Make ¼ turn right, stepping left to left side. Step right to right side.
7&8 Touch left heel to left diagonal. Step left in place. Cross right over left. (9 o'clock)

BASIC NIGHT CLUB L & R, FORWARD ROCK, SHUFFLE ½ TURN

1-2& Step left to left side. Rock right behind left. Recover weight on left.
3-4& Step right to right side. Rock left behind right. Recover weight on right.
5-6 Rock Forward on left. Recover weight on right.
7&8 Make a ½ turn left, shuffling left-right-left. (3 o'clock)

REPEAT

TAG: 16 COUNT TAG, after Wall 3, facing 9 o'clock:

R CROSS ROCK & CROSS ROCK & FORWARD ROCK, SHUFFLE ½ RIGHT

1-2& Rock right over left. Recover weight on left. Step right to right side.
3-4& Rock left over right. Recover weight on right. Step left to left side.
5-6 Rock right forward. Recover weight on left.
7&8 Make a ½ turn right, shuffling forward r-l-r

L CROSS ROCK & CROSS ROCK & FORWARD ROCK, SHUFFLE ½ LEFT

9-16 Repeat the same 8 counts with left foot leading (finishes at 9 o'clock)

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