

Sweet Delight

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Dan Albro (USA) - October 2010
音乐: Sweet Delight - Dan Albro & Sons : (iTunes by: Dec 2010)



[1-8] □ VINE, KICK & CROSS, SIDE, BEHIND, SHUFFLE ¼ TURN

1,2,3 Step side R, cross L behind, step side R
4&5 Kick L in front of R, step back on ball of L, cross R over L
6,7 Step side L, step R behind
8&1 Step side L, step R next to L, turn ¼ left stepping fwd L

[9-16] □ ROCK, STEP, COASTER, PIVOT ½, ½ TURN, SHUFFLE BACK

2,3 Rock fwd R, replace weight back on L
4&5 Step back R, step L next to R, step fwd R
6,7 Pivot ½ turn left weight on L, turn ½ left stepping back R
8&1 Step back L, step R next to L, step back L

[17-24] □ ROCK, STEP, KICK, OUT, OUT, HIPS LEFT, HIPS RIGHT

2,3 Rock back R, replace weight fwd on L
4&5 Kick fwd R, step fwd R, touch L toe side
6,7 Shift weight to L bumping hips left, bump hips left
8&1 Shift weight to R bumping hips right, left, right

[25-32] □ ROCK, STEP, STEP ½ TURN, STEP ½ TURN, STOMP

2,3,4,5 Rock back L, step fwd R, step fwd L, pivot ½ turn right
6,7,8 Step fwd L, pivot ½ right weight on R, stomp L next to R

REPEAT
