

Shake The Rooftop

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: EWS Winson (MY) & Penny Tan (MY) - July 2016
音乐: Shake the Rooftop - Press Play



Intro: 32 counts in (approx. 16 sec)

#1 (1-8) □ R-L Hips Bump Travelling Forward, R Cross Heel Grind, R Ball, L Cross, ¼ (L) with R Hitch □

- 1&2 Weight on LF: Touch R toes forward bumping hips forward (1), recover weight on LF bumping hips backward (&), bump hips forward stepping RF in place (2) □ 12.00
- 3&4 Touch L toes forward bumping hips forward (3), recover weight on RF bumping hips backward (&), bump hips forward stepping LF in place (4) □ 12.00
- 5-6& Cross touch R heel over LF (5), swivel R toes in the air from L to R side while stepping LF slightly to L side (6), close RF beside LF (&) □ 12.00
- 7-8 Cross LF over RF (7), turn ¼ L lifting R knee beside LF (8) □ 9.00

#2 (9-16) □ R Forward, L Forward Kick, L Coaster Step, R Forward Rock & Recover, Full Turn (R) □

- 1-2 Step RF forward (1), kick LF forward (2) □ 9.00
- 3&4 Step LF back (3), close RF beside LF (&), step LF forward (4) □ 9.00
- 5-6 Rock RF forward (5), recover weight on LF (6) □ 9.00
- 7-8 Turn ½ R stepping RF forward (7), turn another ½ R stepping LF back (8) *** □ 9.00

Restart here on Wall 3, change the Full Turn to 'Rock RF back (7), recover weight on LF (8). Begin the dance facing 3.00 o'clock.

#3 (17-24) □ R Back Rock & Recover, R Ball, L-R Forward Walk, L-R-L Forward Shorty George, R Pivot ½ (L), R Forward □

- 1-2& Rock RF back (1), recover weight on LF (2), close RF next to LF (&) – push hips backward for the back rock step if you want □ 9.00
- 3-4 Step LF forward (3), step RF forward (4) □ 9.00
- 5&6 Run forward on LF-RF-LF with knees bent and slightly swiveling to the sides (5&6) □ 9.00
- 7&8 Step RF forward (7), turn ½ L over L shoulder (&), step RF forward (8) □ 3.00

#4 (25-32) □ L-R Toes & Heel Syncopation, R-L Syncopated Out & In, R-L Syncopated Forward & Back □

- 1&2& Touch L toes beside RF (1), step LF in place (&), touch R heel forward (2), step RF in place (&) □ 3.00
- 3&4 Touch L toes beside RF (3), step LF in place (&), touch R heel forward (4) □ 3.00
- &5&6 Step RF out to R side (&), step LF out to L side (5), step RF in (&), step LF in (6) □ 3.00
- &7&8 Step RF forward (&), close LF next to RF (7), step RF back (&), close LF next to RF (8) □ 3.00

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