Middle of The Road



编舞者: Eddie J (IRE) - July 2016

音乐: Keep It in the Middle of the Road - Barry Kirwan



(1 – 8) VINE RIGHT, VINE LEFT

1-4 Step Right to right side, step left behind right, step right to right side, kick left forward

diagonally left

5-8 Step left to left side, step right behind left, step left to left side, kick right forward diagonally

right

(9 - 16) WALK BACK, COASTER STEP

1-4 Walk back right, left, right, kick left forward

5-8 Step back left, step right in place, step forward left, hold

(17 - 24) ROCK AND CROSS RIGHT, ROCK AND CROSS LEFT

1-4 Rock right to right side, recover onto left, and cross right in front of left, hold 5-8 Rock left to left side, recover onto right, and cross left in front of right, hold

(25 – 32) SHUFFLE FORWARD, PIVOT TURN

1-4 Shuffle forward right, left, right, hold

5-8 Step forward left, pivot ½ turn right, step forward left, hold

There is a small Tag at the end wall 2; (TAG) HEEL STRUTS Making ½ turn left

1-4 Right heel strut, 1/8 turn left, left heel strut, 1/8 turn left right heel strut, 1/8 turn left, left heel strut, 1/8 turn left

The Tag is repeated 3 times at the end of wall 8

At the end of the song do 2 Tags, then just 2 struts facing the front, step forward on the right and hold to finish

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