

Seventy-Two

拍数: 32 墙数: 4 级数: Improver
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音乐: 1972 - Jake Owen : (CD: Days of Gold)



#16 counts intro, starts on vocal (iTunes)

Section 1: □ Left toes touch back, unwind ½, step-½ turn left-step forward, step-lock-step, press right forward, recover

- 1-2 Touch left toes back, unwind ½ turn left step down on left (6:00)
- 3&4 Step right foot forward, turn ½ turn left step down on left, step right forward (12:00)
- 5&6 Step left forward, lock step right behind of left, step left foot forward
- 7-8 Press (rock) right foot forward, recover weight onto left foot

Restart: □ Restart here on wall 2 and 4 with adding an &-step (8&) by stepping right next to left

Tag: □ On wall 7 add the Tag here and Restart the dance from the beginning

Section 2: □ Heel & cross & heel & cross, step left side, bounce heel x2, coaster step

- 9&10& Dig right heel forward (with attitude) while you turning ¼ right, step right next to left, step left across in front of right, step right small step to right side (3:00)
- 11&12 Dig left heel forward, step left next to right, step right across in front of left
- 13&14 Step left to left side, while turn ¼ right bounce heels twice (keep body leaning backwards for attitude) weight on left (6:00)
- 15&16 Step right foot back, step left next to right, step right foot forward

Section 3: □ ¼ turn left step left cross, step side, sailor step, sailor step ½ turn, step left forward, ½ turn left step right back

- 17-18 Turn ¼ left stepping left across in front of right, step right to right side (3:00)
- 19&20 Step left behind right, step right small step right, step left small step forward
- 21&22 Step right ¼ turn right behind of left, step left ¼ turn right small step to left, step right small step forward (9:00)
- 23-24 Step left foot forward, ½ turn left step back on right foot (3:00)

Section 4: □ Back-lock-step, coaster step, kick-ball-cross, touch toes side-together-side

- 25&26 Step back on left foot, lock step right foot in front of left, step back on left
- 27&28 Step right foot back, step left next to right, step right foot forward
- 29&30 Kick left foot forward, step left next to right, step right across in front of left
- 31&32 Touch left toes to left side, touch left toes next to right foot, touch left toes to left side

RESTART and ENJOY!

Tag: □ After the first 8 counts on wall 7

- 1&2& Dig right heel forward (with attitude), step right next to left, step left across in front of right, step right small step to right side
- 3&4 Dig left heel forward, step left next to right, step right across in front of left

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