

# A Little Contagious

拍数: 32                      墙数: 2                      级数: Easy Intermediate  
编舞者: Brandi Hughes (CAN) - July 2016  
音乐: Spread Some Good Time Around - Andrew Frelick



## Sec. 1: □ Side Shuffle, Rock, Recover, ½ Hinge Turn, Vine, Touch

1&2                      Step right to right side (1), Step left beside right (&), Step right to right side (2)  
3-4                      Step left back (3), Recover weight forward onto right (4)  
5-6                      Turn 1/2 turn right on right stepping out left on left (5) (6:00), Cross right behind left (6)  
7-8                      Step left to left side (7), Touch right beside left (8)

**\*Restart Here on Wall 5\***

**\*\*4 Count Tag on Wall 11 and Restart\*\***

## Sec. 2: □ Forward Shuffle, Heel Swivet, Coaster Step, 1/4 Turn Ball, Step, Drag

1&2                      Step forward on right (1), Step left beside right (&), Step right forward (2)  
&3-4                      Step Left foot forward (&), Weighted on both heels turn toes up and out to the right (3), Bring toes back to center ending weight on right (4)  
5&6                      Step back on left (5), Step right back beside left (&), Step forward on left (6)  
&7-8                      Step ¼ turn right on right (&) (3:00), Take large step forward on left (7), Drag right foot up to center (8)

## Sec. 3: □ Points, Step, Tap, Back Lock Step

1&2&                      Point right to right side (1), Step down on right at center (&), Point left to left side (2) Step on left at center (&)  
3&4&                      Point right to right side (3), Step down on right at center (&), Point left to left side (4) Step on left at center (&)  
5-6                      Step forward on right (5), Tap left toe behind right (6)  
7&8                      Step back on left (7), Bring right back over left (&), Step back on left (8)

## Sec. 4: □ Rock, Recover, Heel Switches, ¼ Pivot, Stomp (x2)

1-2                      Step back on right (1), Recover weight forward on left (2)  
3&4&                      Tap right heel forward (3), Step right at center (&), Tap left heel forward (4), Step left at center (&)  
5-6                      Step forward on right (5), Pivot ¼ turn left stepping down on left (6) (6:00)  
7-8                      Stomp right down at center (7), Stomp left beside right (8)

**\*\*Tag\*\* \*4 Count Freestyle – Have Fun here!**

1-4                      (suggestion) Bump hips Right (1), Left (2), Right (3), Left (4)

**\*Restarts\***

**Wall 5 – Dance the first 8 Counts (Sec 1) and start again**

**Wall 11 – Dance first 8 Counts (Sec. 1) then do 4 Count Tag and Restart from beginning of the dance!**

**Enjoy!**