

Tennessee Whiskey

COPPER KNOB
STEPSHEETS

拍数: 32
编舞者: Sarah Kemp (USA) - July 2016
音乐: Church Bells - Carrie Underwood

墙数: 4

级数: Phrased Advanced



#3 Tags - No Restarts.

The below wall indicators are only accurate for the FIRST wall set, after that it changes since this goes from a 2 wall to a 4 wall, back and forth.

This is an AB dance format follows:

AA- Tag #1-BB- Tag #2 (section A 8c)-AA-BB BBB-A- Tag#3- BB

You should be able to hear the section changes and tags.

#16c Intro. Dance starts on vocals. Weight starts on the Left foot (feet together).

Flick : kick/flick the heel behind the opposite knee.

Section A: 16 counts

[1-8]□(12:00) Step-Flick-Step-Flick, Chasse (x2 Rt and Lt)

1&2&3&4& Step R to Rt-side (1), heel flick L behind R (&), place L down (2)heel flick R behind Lt (shifting weight each time) (&), triple to R (3)-together (&) -R (4), flick L behind R (&).

5&6&7&8 Step L to Lt-side (5), heel flick R behind L (&), place R down (6)heel flick L behind Rt (shifting weight each time) triple to L (7)-together (&) -L (8- weight is on L).

[9-16]□□Cross-Ball-Heal-Ball-Cross, Side.

1&2&3, 4 (Angle body to 1:00) Cross R behind Lt(1), bring ball of L to instep of Rt (&), touch R heel forward(2), ball of R to instep of Lt (&), cross L over Rt (3- prepare to turn), (12:00) step R to Rt side (4).

5&6&7, 8 (Angle body to 11:00) Cross L behind Rt (5), bring ball of R to instep of Lt (&), touch L heel forward(6), ball of L to instep of Rt (&), cross R over Lt (7 toes towards 09:00), $\frac{3}{4}$ turn over Rt shoulder -step down on L foot(8-03:00).

Restart this section to complete section A, the positions will be opposite. For example 12:00 will be 6:00, 3:00 will be 9:00.

Section B: 16 counts

[1-4]□(12:00- first time Lyric "it was all roses")Step-Lock Step x2

1&2 Step R forward(1), lock L behind Rt (&), step R forward (2).

3&4 Step L forward (3), lock R behind Lt (&), step L forward (4).

[5-8]□Rock, Recover $\frac{1}{2}$ turn, Step-Lock-Step.

5, 6 Rock forward on R and push off into a $\frac{1}{2}$ turn over Rt shoulder (5), recover weight to Lt foot (&) step down on R (6)(toes facing 3:00).

&7&8 While continue turning- $\frac{1}{4}$ turn (facing 6:00 starting a step-lock-step) locking step L forward (7), Lock R behind Lt (&), step forward on L (8)(facing 7:00).

[9-16]□□(6:00) Rock, Recover, Step-Lock-Step. Rock, Recover, $\frac{1}{4}$ turn, Rock, Step.

1&2 Rock forward on R and push off into a $\frac{1}{2}$ turn over Rt shoulder (1), recover weight to Lt foot (&) step down on R (2)(toes facing 3:00).

3&4 While continue turning- $\frac{1}{4}$ turn (facing 6:00 starting a step-lock-step) locking step L forward (3), Lock R behind Lt (&), step forward on L (4)(facing 7:00).

5&6 Rock forward on Rt (5) recover weight to L (&), $\frac{1}{4}$ turn over Rt , step R foot down (6)

7, 8 Rock weight back to L (7), touch (or stomp) R to instep of Lt (8).

Tags:

Tag #1 □ Rock Rt-Lt □

1, 2 Continue turning ¼ wall (6:00) R to Rt side (1) rocking back to L (2- feet about one-foot apart. Lyric “ you can figure out the rest”)

Tag #2 □ Step-Flick-Step-Flick, Step-Together-Step (x2 Rt and Lt) □

1&2&3&4& Step R to Rt-side (1), heel flick L behind R (&), place L down (2)heel flick R behind Lt (shifting weight each time) (&), triple to R (3)-together (&) –R (4), flick L behind R (&).

5&6&7&8 Step L to Lt-side (5), heel flick R behind L (&), place R down (6)heel flick L behind Rt (shifting weight each time) triple to L (7)-together (&) –L (8- weight is on L).

Tag #3 □ Rocking Chair

“Last time....she can hear those” On “Church Bells” begin Section B.

Take the weight on these steps. These are bouncy, when you step on the count your other foot pops up, so when you’re on the last “back on R” step left foot will be slightly hitched as you bring it down for “&” bring the knee of your right forward for “1” in section B.

1&2& Rock forward R (1), back on L (&), back on R (2), forward on L(&)

Enjoy,

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