

Perfect Strangers

拍数: 96 墙数: 1 级数: Phrased Intermediate
编舞者: Nicola Lafferty (UK) - July 2016
音乐: Perfect Strangers (feat. JP Cooper) - Jonas Blue : (Single)



Count In: 16 Count Intro - Sequence: AAB AAB B

Part A: 64 counts

A[1-8] □ 2 x SAMBA WHISKS, WEAVE

1&2 Step RF to R side, Close LF behind RF, Step RF in place
3&4 Step LF to L side, Close RF behind LF, Step LF in place
5,6,7,8 Step RF to R side, Cross LF behind RF, Step RF to R side, Cross LF over RF

A[9-16] SIDE ROCK, CROSS SHUFFLE, SYNCOPATED WEAVE, HITCH BALLCHANGE

1,2 Rock RF to R side, recover weight to LF
3&4 Cross RF over LF, Step LF to L side, Cross RF over LF
&5 Step LF to L side, Cross RF behind LF
&6 Step LF to L side, Cross RF over LF (angle to face 10.30)
7&8 Hitch L knee up, Rock LF back, Step RF in place (10.30)

A[17-24] □ ROCK RECOVER & 1/2 PIVOT, 2 x WALKS, ROCK, RECOVER

1,2& Rock LF fwd, recover weight to RF, Close LF beside RF (10.30)
3,4 Step RF fwd, 1/2 Pivot turn to L (face 4.30)
5,6 Walk fwd RF, LF
7,8 Rock RF fwd, recover weight to LF (4.30)

A[25-32] □ TRIPLE BACK, TRIPLE 1/2 TURN L, CROSS ROCK, RECOVER, SIDE x 2

1&2 Triple back stepping R, L, R (face 4.30)
3&4 Triple making 1/2 turn L, Stepping L, R, L (to face 10.30)
5&6 Squaring up to 12.00, Cross Rock RF over L, Recover to LF, Step RF to R side
7&8 Cross Rock LF over RF, recover weight to RF, Step LF to L side

A[33-40] □ STEP TOUCH, STEP BALLCHANGE x 2

1,2 Step RF a small step fwd, touch LF out to L side as you click LF hand and look to L
3&4 Cross LF over RF, Rock RF out to R side, Recover weight to LF
5-8 Repeat above

A[41-48] □ CROSS, SIDE, WEAVE, HIP BUMPS, FLICK

1,2 Cross RF over LF, Step LF to L side
3&4 Step RF behind LF, Step LF to L side, Cross RF over LF
5,6,7 Touch LF to L Side as you bump hip to L x 3
8 Take weight to LF as you flick RF to L side (behind L knee)

A[49-56] □ 1&1/4 TURN, FWD TRIPLE, MAMBO FWD, MAMBO BACK

1,2 Stepping R, L, make 1 & 1/4 turns over R shoulder (face 3.00)
3&4 Triple fwd stepping R, L, R (3.00)
5&6 Rock LF Fwd, recover weight to RF, Step LF back
7&8 Rock RF Back, recover weight to LF, Step RF Fwd

A[57-64] □ CHUG WITH 3/4 TURN TO R, HEEL GRIND, TOUCH FWD, □ TOUCH SIDE

1,2,3,4 Making 3/4 turn over R shoulder, push LF out to L Side, recover to RF (face 12.00)
5,6& Heel grind fwd on LF, recover to RF, Close LF beside RF
7,8 Touch RF Fwd, Touch RF to R side (12.00)

Part B: 32 counts

B[1-8] □□SAMBA RUNS, WALKS

1&2 Step RF to L diagonal (10.30), Step LF to L side (12.00), step RF back (1.30)
3&4 Step LF back (1.30), Step RF to R side (3.00), Step LF fwd (4.30)
5,6 Walk Fwd RF & LF to 4.30
7,8 Walk RF Fwd, hold

B[9-16] □□SAMBA RUNS, HIPS

1&2 Step LF Fwd (4.30) Step RF to R side (3.00), Step LF Back (1.30)
3&4 Step RF Back (1.30), Step LF to L side (12.00), Cross RF over LF
5,6,7,8 Step LF to L side as you bump hips L, R, L, R

B[17-32] □REPEAT ABOVE ON OPPOSITE LEG
