

# Sweet Sugar

**COPPER** **KNOB**  
BY STEPHENETS

拍数: 64      墙数: 1      级数: Phrased Intermediate / Advanced  
编舞者: Séverine Fillion (FR) - June 2016  
音乐: Sugar - Jennifer Nettles : (Album: Playing With Fire)



Intro : 16 counts - SEQUENCE : A B Tag1 A B Tag2 A B B Final

## PART A : 32 counts

### A[1-8] WALKS FWD, ANCHOR STEP, FULL TURN L BACKWARD, COASTER STEP

1-2            Walk fwd on right, on left  
3&4           Right cross behind left, recover on left in place, recover on right back  
5-6           ½ turn left stepping left fwd, ½ turn left stepping right back  
7&8           Left step back, right next to left, left fwd

### A[9-16] DIAGONALLY SKATES With TOE FAN, ¼ TURN L, TOUCH, ¼ TURN L & TRIPLE STEP FWD

1&            Right skate diagonally right fwd with toe split (Turn your body at 10 :30) Slide left next to right and turn your body back facing 12 :00  
2&            Left skate diagonally left fwd with toe split (Turn your body at 1 :30) Slide right next to left and turn your body back facing 12 :00  
3&            Same steps as 1&  
4&            Same steps as 2&

### Easier option for 1-4 : 4 skates fwd (right – left – right – left)

5-6           ¼ turn left stepping right to right, Touch left next to right 9 :00  
7&8           ¼ turn left and Triple step left – right – left fwd 6 :00

### A[17-24] DIAGONALLY STEP, LOCK, STEP LOCK STEP, ROCK FWD, TRIPLE FULL TURN L

1-2           Diagonally right fwd : Right step fwd, « Lock » left cross behind right 7 :30  
3&4           Right step fwd, « lock » left cross behind right, right step fwd  
5-6           Stay diagonal : Rock step left fwd, recover on right  
7&8           Triple step left – right – left in place full turning left (ending at 6 :00) 6 :00

### A[25-32] CROSS SHUFFLE, KICK BALL POINT, SAILOR STEP, SAILOR STEP ¼ TURN L

1&2           Right cross over left, left to left, right cross over left  
3&4           Kick left fwd, left next to right, point right toe to right side  
5&6           Right cross behind left, left to left, right to right  
7&8           Left cross behind right, ¼ turn left and right to right, ¼ turn left stepping left fwd 12 :00

## PART B : 32 counts

### B[1-8] TOE HEEL CROSS SWIVEL (R & L), SIDE POINT SWITCHES, ¼ TURN L, KICK BALL STEP

1&2           Touch right toe next to left, right heel fwd, right cross over left (with swivel left foot)  
&3&           Touch left toe next to right, left heel fwd, left cross over right (with swivel right foot)  
4            Point right toe to right side  
&5           Recover on right next to left, point left toe to left side  
6            Recover on left next to right ¼ turning left 9 :00  
7&8           Right kick fwd, right next to left, left step fwd

### B[9-16] TOE HEEL CROSS SWIVEL (R & L), SIDE POINT SWITCHES, ¼ TURN L, SWIVEL TO LEFT, HITCH

1&2           Touch right toe next to left, right heel fwd, right cross over left (with swivel left foot)  
&3&           Touch left toe next to right, left heel fwd, left cross over right (with swivel right foot)  
4            Point right toe to right side  
&5           Recover on right next to left, point left toe to left side  
6            Recover on left next to right ¼ turning left 6 :00

7&8 Swivel to the left : Both heels, both toes, both heels  
& Swivel left toe to the left and right Hitch

**B[17-24] STEP LOCK STEP FWD (R & L), STEP FWD, HEEL TWIST ½ TURN L, COASTER STEP**

1&2 Right step diagonally right fwd, « lock » left cross behind right, right step diagonally fwd  
&3& Left step diagonally left fwd, « lock » right cross behind left, left step diagonally fwd  
4 Right sep fwd  
5&6 Swivel both heels to the right – left – right with ½ turn left (ending weight on right) 12 :00  
7&8 Left step back, right next to left, left step fwd

**B[25-32] STEP LOCK STEP FWD (R & L), STEP FWD, BALL ROCK FWD, ¼ TURN R & LARGE SIDE STEP, SLIDE, ¼ TURN L & TOGETHER**

1&2 Right step diagonally right fwd, « lock » left cross behind right, right step diagonally fwd  
&3& Left step diagonally left fwd, « lock » right cross behind left, left step diagonally fwd  
4 Right sep fwd  
&5-6 Left next to right (&), Rock step right fwd, recover on left  
7 ¼ turn right and large right step to right side 3 :00  
8 Slide left next to right and pass your weight on left with ¼ turn left 12 :00

**Option for 7-8 : Rule out arms on sides, palms towards the outside**

**TAG 1 : 4 counts**

1-4 Right to right, Touch left next to right, left to left, Touch right next to left

**TAG 2 : 12 counts**

1-4 Right to right, Touch left next to right, left to left, Touch right next to left  
5-12 Same steps as the last section of PART B (25-32)

**FINAL : 3 counts**

**During the last PART B, after 24 counts (you will be at 12 :00) :**

**½ turn left stepping right back, ½ turn left stepping left fwd, Stomp right fwd (YEAHHHHHHH !!!!)**

**SMILE & ENJOY !!**

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