# Run Me Down

拍数: 32

级数: Beginner

编舞者: Ozgur "Oscar" TAKAÇ (TUR) - July 2016

音乐: Run Me Down - The Notting Hillbillies

#### Intro: 32 counts (00:21)

# BLACK BOTTOM, TRIPLE STEP FORWARD, STEP, ¼ TURN, ACROSS

- 1-2-3-4 Step L forward, kick R forward, step R back, point L back
- 5&6-7&8 Step L forward, R together, L forward, step R forward, ¼ turn L (09:00) and recover on L, step R across

#### SIDE TOE STRUT, ACROSS, SYNCOPATED SIDE ROCK STEP, ACROSS, WALK AROUND FULL TURN

1&2-3&4Place L toe side, down the heel, step R across, step L side, recover on R, step L across5-6-7-8¼ turn R and R forward, ¼ turn R and L forward, ¼ turn R and L forward, ¼ turn R and L forward

# ROCK STEP, COASTER STEP, ROCK STEP, COASTER STEP

- 1-2-3&4 Step R forward, recover on L, R back, L together, R forward
- 5-6-7&8 Step L forward, recover on R, L back, R together, L forward

# SIDE TOE STRUT, ACROSS, SYNCOPATED SIDE ROCK STEP, ACROSS, WALK AROUND FULL TURN

1&2-3&4Place R toe side, down the heel, step L across, step R side, recover on L, step R across5-6-7-8¼ turn L and L forward, ¼ turn L and R forward, ¼ turn L and L forward, ¼ turn L (09:00) and<br/>R forward

# REPEAT

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Last Update - 13th July 2016





**墙数:**4