

Rockin' In White

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Upper Beginner
编舞者: Wanda Heldt (AUS) - July 2016
音乐: The Rock - Ms. Jody



Alternate:- Pretty Belinda by Dr. Victor And The Rasta Rebels
A White Sport Coat by Marty Robbins

Split floor - Harden Up Princess by S.Ward & Just Let Me by Ms Jody by Maggie G

S1. WALK FORWARD R. L. SHUFFLE R.L.R, WALK FORWARD L. R. SHUFFLE L.R.L

1-2 Walk forward Right, Left.
3&4 Shuffle forward R.L.R.
5-8 Walk forward on Left, Right.
7&8 Shuffle forward L.R.L.

S2. SIDE SHUFFLE, BACK, RECOVER, SIDE SHUFFLE, 1/4 TURN RIGHT BACK, RECOVER

1&2 Step Right to Right side, Step Left next to Right. Step Right to Right side.
3-4 Rock back on Left, Recover on Right.
5&6 Step Left to Left side, Step Right next to Left, Step Left to Left side.
7-8 1/4 turn Right as Rock back on Right, Recover on Left. [3:00]

S3. CROSS, POINT, CROSS KICK to Left Diagonal, JAZZ BOX

1-2 Step Right across Left, Touch Left toe to Left side.
3-4 Step Left across Right, Kick Right to Right Diagonal.
5-6 Step Right over Left, Step back on Left.
7-8 Step Right, Step Left together.

S4. RIGHT KICK BALL STEP IN PLACE, KICK BALL STEP 1/4 TURN LEFT, 2 x 1/4 PADDLE TURN LEFT

1&2 Kick Right forward, Step on ball of Right, Left step on Left.
3&4 Kick Right forward, Step on ball of Right, 1/4 turn Left step on Left. [12:00]
5-6 Step Right forward, 1/4 turn Left shifting wt. on L - roll hips [9:00]
7-8 Step Right forward, 1/4 turn Left shifting wt. on L - roll hips [6:00]

Repeat HAVE FUN IN LIFE & IN DANCE.

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Last Update – 17th July 2016