

Under Fire

拍数: 32 墙数: 4 级数: Improver
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音乐: Fire Under My Feet - Leona Lewis



Note: □ start after 48 counts intro

[1-8] Walk, Walk, Shuffle Forward, Step, ¼ Turn Right, Cross Shuffle

1-2 Step right forward, step left forward
3&4 Step right forward, step left next to right, step right forward
5-6 Step left forward, make a ¼ turn right
7&8 Step left across right, step right to right side, step left across right

[9-16] ¼ Turn, ¼ Turn, Cross Shuffle, Side Rock, Behind Side Cross

1-2 Make a ¼ turn left and step right back, make a ¼ turn left and step left to left side
3&4 Step right across left, step left to left side, step right across left
5-6 Step left to left side, recover weight onto right
7&8 Step left behind right, step right to right side, step left across right

Restarts: Here in wall 3 and wall 7.

[17-24] Kick & Point (2x), Heel & Toe Switches, ¾ Unwind Turn Right

1&2 Kick right forward, step right next to left, touch left toe to left side
3&4 Kick left forward, step left next to right, touch right toe to left side
5&6 Touch right heel forward, step right next to left, touch left heel forward
&7 Step left next top right, touch right toe behind left
8 Make a ¾ unwind turn right and recover weight onto right

[25-32] Rock Step, Shuffle Back, Coaster Step, Step, ¾ Sweep Turn Left

1-2 Step left forward, recover weight back onto right
3&4 Step left back, step right next to left, step left back
5&6 Step right back, step left next to right, step right forward
7-8 Step left forward, make a ¾ turn left and sweep right around from back to front

... Start again

Restarts: There are two Restarts after 16 counts in wall 3 and wall 7 (Face 3:00).