

Hey City Girl

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ilona Tessmer-Willis (USA) - July 2016
音乐: Countrified - The Stickers : (Google Play, iTunes & AmazonMP3)



Intro: 16 counts - Wall 7 –there's a 4 count pause in the music after S4, hold, start S1

S1: STOMP FORWARD R & L, HEEL SWIVELS, STEP BACK R & L, R HEEL HITCH

1-2 R Forward Stomp, L Forward Stomp next to R
3&4 Weight is on the balls of both feet, swivel both heels L R L (Feet closer together)
5-6 R Step Back, L Step Back next to R
7-8 R Heel Touch, R Hitch (hitch the knee up with weight on the opposite foot)

S2: STOMP FORWARD R & L, HEEL SWIVELS, STEP BACK R & L, R HEEL HITCH

1-2 R Forward Stomp, L Forward Stomp next to R
3&4 Weight is on the balls of both feet, swivel both heels L R L (Feet closer together)
5-6 R Step Back, L Step Back next to R
7-8 R Heel Touch, R Hitch (hitch the knee up with weight on the opposite foot)

**S3: 1/4 RIGHT TURN: R SHUFFLE FORWARD, L SHUFFLE FORWARD, LEFT FULL PIVOT TURN
(OPTION: R ROCKING CHAIR, SEE S4 COUNTS 1-4)**

1&2 Turn 1/4 to Right: R Step Forward, L Step next to R, R Step Forward
3&4 L Step Forward, Step R next to L, L Step Forward
5-8 R Step Forward, Pivot L 1/2 with balls of feet, R Step Forward, Pivot L 1/2 with balls of Feet

S4: R ROCKING CHAIR, R & L FORWARD SHUFFLES

1-4 R Rock Forward, L Recover, R Rock Back, L Recover
5&6 R Step Forward, L Step next to R, R Step Forward
7&8 L Step Forward, R Step next to L, L Step Forward

TAG: End Wall 7 - HOLD for 4 counts - Restart with S1

Have fun dancing to this catchy country song.

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Last Update - 6th July 2016