

The One

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Raw Beginner
编舞者: Linda Pink (AUS) - June 2016
音乐: Still the One - Orleans : (Album: Still the One - iTunes)



No Tags / Restarts - Introduction: 32 counts - 3.53 min

Split Floor for S.T. One (Still The One)

STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, TOUCH

1,2 Step R Forward, Lock L Behind R,
3,4 Step R Forward, Scuff L
5,6 Step L Forward, Lock R Behind L,
7,8 Step L Forward, Touch R next to L

BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH

1,2, Step R Back at 45 deg Right, Touch L next to R
3,4, Step L back at 45 deg Left, Touch R next to L
5,6 Step R Back at 45 deg Right, Touch L next to R
7,8 Step L back at 45 deg Left, Touch R next to L

VINE RIGHT & TOUCH, VINE LEFT ¼ TURN & SCUFF

1,2, Step R to the side, Step L behind R,
3,4 Step R to the side, Touch L next to R
5,6 Step L to the side, Step R behind L,
7,8 Turn ¼ turn Left step L Forward , Scuff R Forward

HEEL STRUT, HEEL STRUT, "V" STEP

1,2 Step R Heel Forward, Drop R toe to the Floor
3,4 Step L Heel Forward, Drop L toe to the Floor
5,6, Step R Forward at 45 deg Right, Step L Forward at 45 deg Left
7,8 Step R back to the centre, Step L next to R

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