

# The One

**COPPER KNOB**  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Raw Beginner  
编舞者: Linda Pink (AUS) - June 2016  
音乐: Still the One - Orleans : (Album: Still the One - iTunes)



No Tags / Restarts  - Introduction: 32 counts - 3.53 min

Split Floor for S.T. One (Still The One)

## STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, TOUCH

1,2                      Step R Forward, Lock L Behind R,  
3,4                      Step R Forward, Scuff L  
5,6                      Step L Forward, Lock R Behind L,  
7,8                      Step L Forward, Touch R next to L

## BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH

1,2,                      Step R Back at 45 deg Right, Touch L next to R  
3,4,                      Step L back at 45 deg Left, Touch R next to L  
5,6                      Step R Back at 45 deg Right, Touch L next to R  
7,8                      Step L back at 45 deg Left, Touch R next to L

## VINE RIGHT & TOUCH, VINE LEFT ¼ TURN & SCUFF

1,2,                      Step R to the side, Step L behind R,  
3,4                      Step R to the side, Touch L next to R  
5,6                      Step L to the side, Step R behind L,  
7,8                      Turn ¼ turn Left step L Forward , Scuff R Forward

## HEEL STRUT, HEEL STRUT, "V" STEP

1,2                      Step R Heel Forward, Drop R toe to the Floor  
3,4                      Step L Heel Forward, Drop L toe to the Floor  
5,6,                      Step R Forward at 45 deg Right, Step L Forward at 45 deg Left  
7,8                      Step R back to the centre, Step L next to R

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