Mini Shortnin' Bread

级数: Ultra Beginner

编舞者: Shanthie De Mel (AUS) - June 2016

音乐: Shortnin' Bread - The Bell Notes

Begin: Intro 32 counts approx. Start on main beat vocals - "Mammy's little baby" NO Tags - No Restarts

FORWARD. LOCK. FORWARD. HOLD.x4

- Step R diagonally forward. Lock L behind R. Step R diagonally forward. Hold. 1, 2, 3, 4
- 5, 6, 7, 8 Step L diagonally forward. Lock R behind L. Step L diagonally forward. Hold. (12:00)

FORWARD. LOCK. FORWARD. HOLD.x4

- 1, 2, 3, 4 Step R diagonally forward. Lock L behind R. Step R diagonally forward. Hold.
- 5, 6, 7, 8 Step L diagonally forward. Lock R behind L. Step L diagonally forward. Hold.

BACK. LOCK. BACK. CLAP.x2

拍数: 64

- Step R diagonally back. Lock L over R. Step R diagonally back. Clap. 1, 2, 3, 4
- 5, 6, 7, 8 Step L diagonally back. Lock R over L. Step L diagonally back. Clap.

BACK, LOCK, BACK, CLAP, BACK, LOCK, BACK, HOLD,

- Step R diagonally back. Lock L over R. Step R diagonally back. Clap. 1, 2, 3, 4
- Step L diagonally back. Lock R over L. Step L diagonally back. Hold. 5, 6, 7, 8

STOMP RIGHT. STOMP LEFT.

- 1, 2, 3, 4 Stomp R & hold for 4 counts
- 5, 6, 7, 8 Stomp L & hold for 4 counts.

SIDE. HOLD.TOGETHER. HOLD. SIDE HOLD. TOUCH. HOLD.

- 1, 2, 3, 4 Step R to right. Hold. Step L together. Hold.
- 5, 6, 7, 8 Step R to right. Hold. Touch L to R. Hold.

STOMP LEFT.STOMP RIGHT.

- 1, 2, 3, 4 Stomp L & hold for 4 counts
- 5, 6, 7, 8 Stomp R & hold for 4 counts.

SIDE, HOLD, TOGETHER, HOLD, SIDE, HOLD,

- Step L to left. Hold. Step R together. Hold. 1, 2, 3, 4
- 5, 6, 7, 8 Step L to left. Hold for 3 counts. (12:00)





墙数:1