

Mayflowers

拍数: 48 墙数: 4 级数: Improver
编舞者: Jonathan YANG (FR) - June 2016
音乐: Mayflowers - Ashley Monroe : (Album: The blade - iTunes)



Start the dance after 32 counts

TURNING VINE 1/4 TURN, STEP 1/4 TURN, CROSS

1.2.3 step RF to R side, cross LF behind RF, turn 1/4 to R stepping RF forward
4 hold
5.6 step LF forward, turn 1/4 to R (weight on RF)
7.8 cross LF over RF, hold

1/2 BOX STEP BACK, KICK, SLOW COASTER STEP

1.2.3 step RF to R side, step LF next to RF, step RF backward
4 kick LF forward
5.6.7 step LF on ball backward, step RF on ball next to LF, step LF forward
8 hold

STEP LOCK STEP FORWARD, ROCK STEP 1/2 TURN, STEP FORWARD

1.2.3 step RF forward, lock LF next to RF, step RF forward
4 hold
5.6 rock LF forward, recover on RF backward
7.8 turn 1/2 to L stepping LF forward

1/4 TURN SWAY X2, 1/2 BOX STEP BACK

1.2 turn 1/4 L stepping RF with a sway to R side, hold
3.4 recover on LF with a sway to L side, hold
5.6.7 step RF to R side, step LF next to RF, step RF backward
8 hold

ROLLING VINE, HOLD, ROCK STEP, SIDE

1.2.3 turn 1/4 to L stepping LF forward, turn 1/2 to left stepping RF to the back, turn 1/4 to LF stepping LF to L side
4 hold
5.6 rock RF forward, recover on LF backward
7.8 step RF to R side, hold

SLOW CROSS UNWIND FULL TURN, 1/4 TURN STEP FORWARD, TOUCH, 1/4 TURN SIDE, TOUCH

1.2 cross LF over RF, hold (start turning to R)
3.4 unwind full turn to R (weight on LF)
5.6 turn 1/4 to R stepping RF forward, touch L point next to RF and snap R hand
7.8 turn 1/4 to R stepping LF to L side, touch R point next to LF and snap L hand

Dance taught during the 1st Country festival in Contigné (49, FR) the 25th & 26th June 2016, organised by THOMAS RANCH