Love's Running

拍数: 48

1

级数: Intermediate

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音乐: Love Runs Out - OneRepublic : (3:44)

Note: Start after 32 counts intro, on lead vocals

[1-9] Step Side, Heel Ball Cross, $^{1}\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!$ Turn Left And Shuffle, Step $^{1}\!\!\!\!\!\!\!\!\!\!\!\!$ Turn Left, Shuffle Forward

- Step right to right side
- 2&3 Touch left Heel to left diagonal, step left next to right, step right across left
- 4&5 Make a ¼ turn left and step left forward, step right next to left, step left forward
- 6-7 Step right forward, make a ¹/₂ turn left and recover weight onto left
- 8&1 Step right forward, step left next to right, step right forward

[10-16&] Rock Step, 1/4 Turn Left & Chasse Side, Step Cross, Side, Sailor

- 2-3 Step left forward, recover back onto right
- 4&5 Make a ¼ Turn left and step left to left side, step right next to left, step left to left side
- 6-7 Step right across left, step left to left side
- 8& Step right behind left, step left to left side,

[17-25] Step Side, Cross Rock, 1/2 Shuffle Turn Left, Walk, Walk, Shuffle Forward

- 1 Step right to right side
- 2-3 Step left forward across right, recover back to right
- 4&5 Make a ¼ turn left and step left to left side, step right next to left, make a ¼ turn left and step left forward
- 6-7 Step right forward, Step left forward
- 8&1 step right forward, step left next to right, step right forward

[26-33] Rock Step, 1/2 Shuffle Turn Left, Full Turn Forward, Kick Ball Cross

- 2-3 Step left forward, recover back onto right
- 4&5 Make a ¼ turn left and step left to left side, step right next to left, make a ¼ turn left and step left forward
- 6-7 Make a ¹/₂ turn left and step right back, make a ¹/₂ turn left and step left forward
- 8&1 Kick right forward, step right next to left, step right across left

[34-41] Side Rock, Touch Side & Heel & Touch Back, ½ Turn Right, Shuffle Forward

- 2-3 Step right to right, recover weight onto left
- 4&5 Touch right to right side, step right next to left, touch left heel forward
- &6 Step left next to right, touch right back
- 7 Make a ¹/₂ turn right and bring weight forward onto right
- 8&1 Step left forward, step right next to left, step left forward

[42-48] Step 1/2 Turn Left, 1/4 Turn Left And Chasse Side, Touch Back, 1/2 Turn Left, 3/4 Turn Left

- 2-3 Step right forward, make a ¹/₂ turn left and recover weight onto left
- 4&5 Make a ¼ turn left and step right to right side, step left next to right, step right to right side
- 6-7 Touch left back, make a ¹/₂ turn left and bring weight onto left
- 8 make a ³/₄ turn left on left (you can do a little sweep with the right, weight is still on left)
- ... start again

Bridge & Restart On Wall 6, do first the following 16 Counts (Bridge), then add the steps from counts 17-48! Tag: Slow Side Mambo Rocks (4x)





墙数:2

1-4Step right to right side, recover weight onto left, step right next to left, hold5-8Step left to left side, recover weight onto right, step left next to right, hold

9-16 Repeat counts 1-8 form the Bridge Now start the dance from counts 17-48

On Wall 7, dance the first 16 counts of the normal Dance, then hold for 4 counts, then Restart!